

TIME OUT

THURSDAY, JANUARY 11, 2018

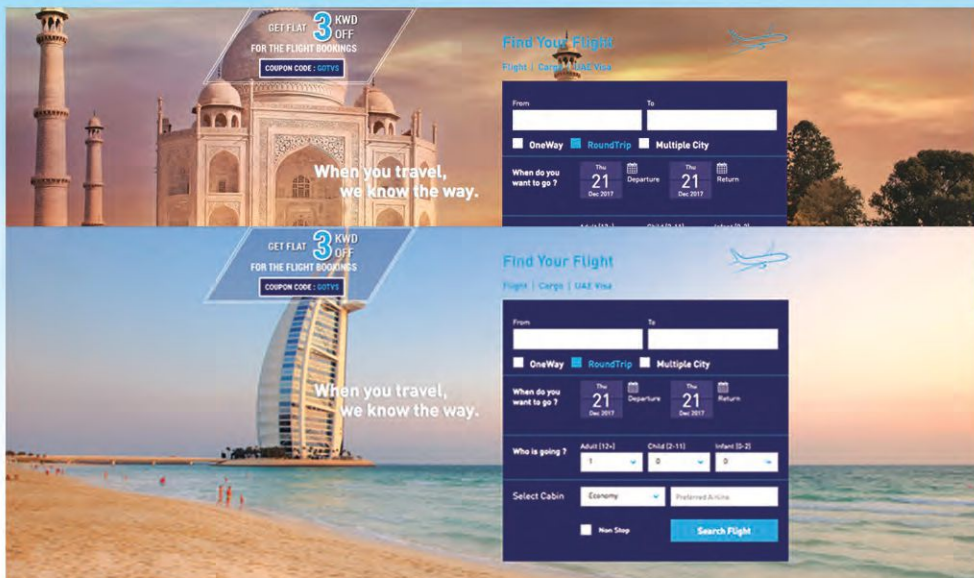
The Gulf Today

LETHAL MIX

DIANE KRUGER EXPRESSES GRIEF, FURY AND REGRET 'IN THE FADE,' A GERMAN MOVIE

Design: Ansar Saleem

For all your Air travel needs Log on to



GET FLAY 3 KWD OFF FOR THE FLIGHT BOOKINGS COUPON CODE: 80TVS

Find Your Flight
Flight | Cargo | UAE Visa

From: [] To: []

OneWay RoundTrip Multiple City

When do you want to go?
Thu 21 Dec 2017 Departure Thu 21 Dec 2017 Return

Who is going?
Adult (12+): [] Child (2-11): [] Infant (0-2): []

Select Cabin: Economy Preferred & More

Non Stop Search Flight

When you travel, we know the way.



GET FLAY 3 KWD OFF FOR THE FLIGHT BOOKINGS COUPON CODE: 80TVS

Find Your Flight
Flight | Cargo | UAE Visa

From: [] To: []

OneWay RoundTrip Multiple City

When do you want to go?
Thu 21 Dec 2017 Departure Thu 21 Dec 2017 Return

Who is going?
Adult (12+): [] Child (2-11): [] Infant (0-2): []

Select Cabin: Economy Preferred & More

Non Stop Search Flight

When you travel, we know the way.

When you travel, we know the way.



FlyTvs
Wings Of Global

www.flytvs.com

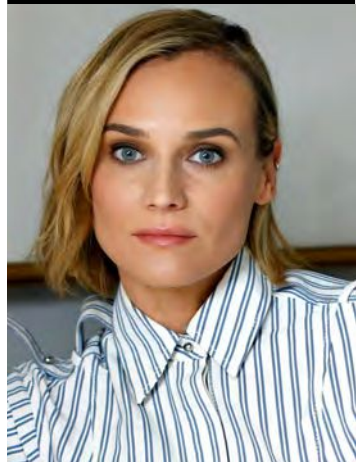
Search "flytvs"

Download on the App Store

GET IT ON Google Play

Powered by TVS Hyder Group

CONTENTS



COVER STORY

DIANE KRUGER

8

MUSIC

JUSTIN TIMBERLAKE

4

FILMS

GOLDEN GLOBE AWARDS

6

FILMS

ALL THE MONEY IN THE WORLD

10

FILMS

THE POST

12

FASHION

LONDON FASHION WEEK

16

TRAVEL

SAN ANTONIO, TEXAS

18

MOTORING

FIAT 124 SPIDER

30

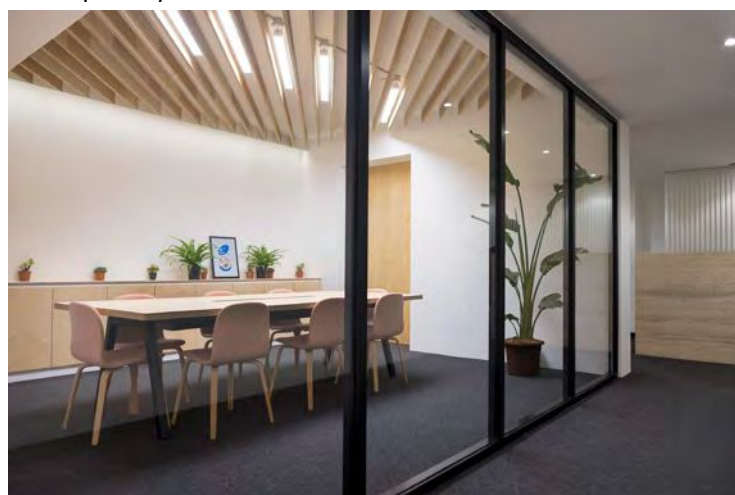
PLUS

ASTROSCAPE
HEALTH WATCH, ART,
INFOTECH
FOOD, QUIZ,
YOUNG WORLD &
TALKING POINT

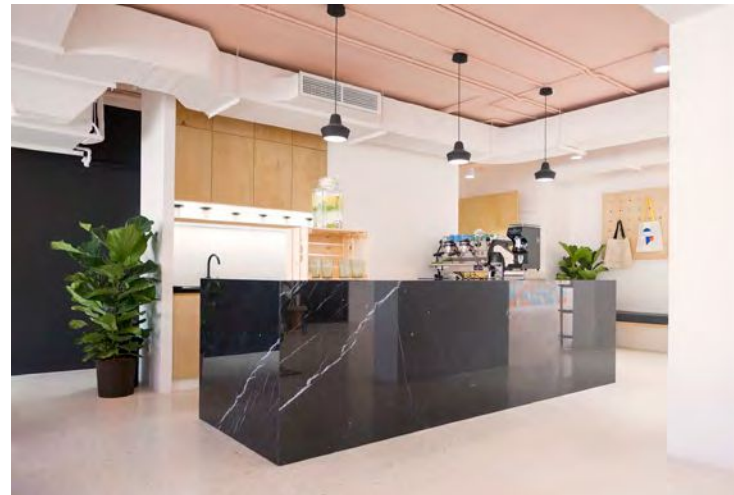
FOCUS



Fikra Campus Library



Meeting room for members at Fikra Campus



Fikra Campus cafe

Going spaces

Muhammad Yusuf writes about a new cultural spot in Sharjah which is innovative in design, contemporary in style and futuristic in concept

Sharjah-based Fikra Design Studio has announced the opening of "Fikra Campus" (FC), the first space of its kind to include a design studio, a co-working space, a cafe, design shop, library and an experimental gallery space that altogether pioneer a year-long cultural and educational programme.

FC is located in the iconic Gibca Building, Al Wahda Street,

and is open to the public from Sunday to Thursday, 8 am -10 pm. It is accepting applications for memberships right now. Fikra is a global award-winning multidisciplinary design organisation and is a catalyst that encourages an investigative and research-based approach to design.

Commenting on the new initiative, Sheikh Salem Al-Qassimi, Principal and Founder,

Fikra, said: "The formation of this project stems from the legacy of Fikra Design Studio over the last 11 years of continuously pushing the boundaries of design while incorporating a deeper understanding of culture in the visual communication sphere.

"The urge to initiate a creative space that fosters community engagement, cross-disciplinary exchange and cultural production

was remarkably compelling and an obvious step for the design studio to take".

FC's opening also sees the inaugural of its first exhibition titled "Making a Space", which presents the making of FC — a design project that aims for the development of a physical and intellectual space. Curated by Al-Qassimi, it displays the process of planning, designing

and developing the campus from within the finished space and traces its evolution, looking much beyond the mere handover of a design.

Fikra has also announced its first design-residency programme in Sharjah. It is an annual design residency calendar aimed at international and regional designers who seek to conduct design research and delve into an experimental process of creation.

It is designed to encourage the production of new work and engage in intellectual discourse relating to contemporary design practice and visual culture. Completed work will be displayed in the gallery space.

Founded in 2006 in Sharjah, Fikra started as a multidisciplinary design studio that specialises in bilingual art direction, branding, publication design, web design, exhibition design and curation.

FC's modular expanse is multi-purpose: it can hold events, workshops, panel discussions, film screening, summer programmes and thematic exhibitions.

"We will promote design led by research and vice versa", said Al-Qassimi. "We hope to bring together critics, mentors, and even poets, artists and engineers, and provide a platform to all those who

that fits geography. "We will learn not in a university, but in an informal environment", he said. He said that the space did not come abstractedly, but through long deliberation. "It is a coming together of many ideas", he said.

He laid great emphasis on contextually relevant study and practical ideas. It is not only design theory that the campus will deal with but it will also allow designers "to experience their profession through the lens of design", he said.

He said that though there was a "members only" area, the focus was firmly on the general public. He felt there was high potential in the lay public, which could be shaped into a support system for design. "Our space is where the larger community can discuss design", he said.

There is a meeting room for members and also a rooftop space, which will be opened for outdoor presentations and talks. "We want to help design entrepreneurship", Al-Qassimi said. "So we also have provision for start-up labs. We have reduced rents and made them affordable so more people can be involved".

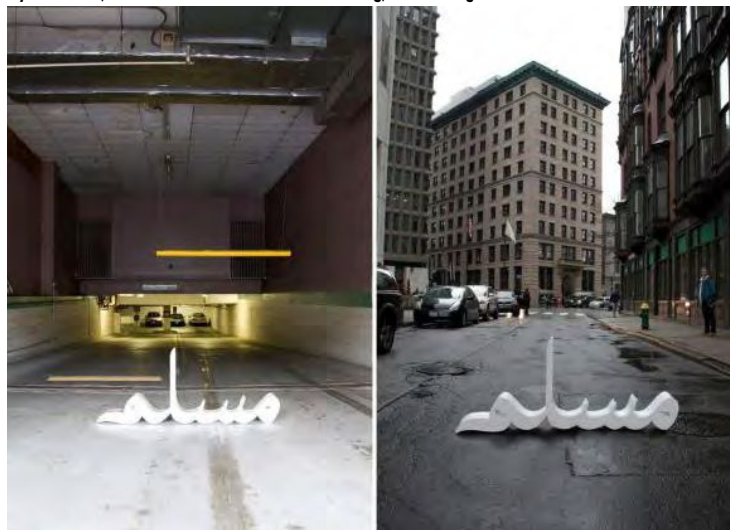
Al-Qassimi is a multidisciplinary



Salem Al-Qassimi



Hybrid Dress, a mix of Western and Arabic clothing, Fikra Design Studio



"Muslim," one of Salem Al-Qassimi's projects as a student at RISD



Bilingual logo created for Tashkeel gallery, Dubai, by Fikra Design Studio

COOL DESIGNS FOR HOT CHANGES

From cities to small towns to suburban corridors, innovation spaces are transforming the landscape. Over the past 10 years, these spaces — such as research institutes, incubators, accelerators, innovation centres, co-working spaces, start-up spaces and more — have grown at a considerable pace across the globe.

Yet what easily gets missed is that these innovation spaces are physical manifestations of broader economic, cultural and demographic forces, elevating what matters in today's economy.

The ambition to remain cutting edge has driven leaders of industry, and their

architects, down the path of creative experimentation in design. In doing so ... design have embodied a shift away from 'style' and more toward embracing core values aimed to help people flourish under new economic and demographic conditions.

Increasingly, architects and designers are tasked to redesign spaces to do more than simply house innovation-oriented activities. Their goals are also to "create communities," "facilitate collaboration" and "create serendipitous encounters".

Through design, architects and business leaders are essentially being asked to re-wire the social, if not organisational culture, as much as to adhere to strict building codes.

— Julie Wagner and Dan Watch, Brookings Institution.

are involved in creating design ecology. We will look at knowledge through the lens of design, with a multi disciplinary approach. We intend to illuminate the learning process".

During a media tour, he pointed out that the space is placed within a community setting. A quick look at the library — since the concept of the campus revolves around knowledge — showed that FC has covered almost all bases connected to design.

Books available there include titles on exhibitions; design, plus interactive design; curation; catalogues; art; theory; research; data; design education; manuals; guides; animation; photography; branding and identity; illustration; graphic novels; print and book making; architecture; typography; spatial design and also rare books.

"Design is maturing in the region", Al-Qassimi said. "So there is work to do! We have to produce education tailored for this region: that is the goal of Fikra Campus".

He called for design that is culturally relevant and something

graphic designer and entrepreneur. He is currently serving as an Assistant Professor of Design at American University of Sharjah (AUS), College of Architecture, Art and Design.

He studied Multimedia Design at AUS, earning an MFA in Graphic Design from the Rhode Island School of Design (RISD). After working in various companies in the UAE and abroad, he founded Fikra Design Studio in 2006 — which has won many awards through its multidisciplinary efforts.

He has participated in several exhibitions both in the UAE and abroad, and has published numerous articles, reviews and essays on Arabic typography, culture and design. He has also won several international awards, namely, the Type Directors Club (TDC), the Young Creative Entrepreneur Award by the British Council, protoType at Typecon 2016, ShjSeen Startup Award, and has been featured in Forbes Middle East ranking list "The Leading Young Entrepreneurs in the UAE".

TIME OUT

WEEKLY TABLOID FROM

The Gulf Today

PUBLISHED BY
Taryam Omran and Abdullah Omran

EDITOR-IN-CHIEF
Aysha Taryam

ARTS EDITOR
Sarah Taryam

FEATURES EDITOR
Nutan Sheriff

CHIEF DESIGNER
Ansar Saleem

CHIEF SUB-EDITOR / REPORTER
Raghib Hassan
Riaz Ali Khan

SENIOR SUB-EDITOR / REPORTER
Nabi Dad Khan

SPECIAL FEATURES WRITER
Muhammad Yusuf

EDITORIAL
Tel: 06-5777999
Fax: 06-5777737
E-mail:
gulf_today@alkhaleej.ae

MARKETING
Tel: 06-5777888
Fax: 06-5777677

CIRCULATION
Tel: 06-5777444
Fax: 06-5777642

DUBAI
Tel: 04-2625304
ABU DHABI
Tel: 02-6426266
AL AIN
Tel: 03-7656796
FUJAIRAH
Tel: 09-2241970
RAS AL KHAIMAH
Tel: 07-2334380

REPRESENTATIVE OFFICES

INDIA
The Times of India — Response Department
Tel: 0091 22 2630338
Fax: 0091 22 2673145
BAHRAIN
Arab World — Advertising
& Information Centre
Tel: 00973 277794
Fax: 00973 254297
PAKISTAN
Tel: 0092 21 6634795
Fax: 0092 21 6634795
MUSCAT
Tel: 789 268
PARIS
4577 0 220
LONDON
3419 284

Printed and published by
Dar Al Khaleej, P.O. Box 30
Sharjah, United Arab Emirates

MUSIC



Pop superstar Justin Timberlake recently announced his first album in nearly five years, promising more “personal” songwriting inspired by his home and family.

The 36-year-old singer and actor said that “Man of the Woods,” his fifth solo studio album, will come out on February 2 -- two days before he headlines entertainment during the Super Bowl, generally the most watched television event of the year in the United States.

Timberlake unveiled the album with a short video on social media that, true to the album’s title, shows him walking reflectively in scenes of nature from a snowy forest to a sunny corn field.

“This album is really inspired by my son, my wife, my family, but -- more so than any other album I’ve ever written -- where I’m from,” Timberlake says in the video.

“And it’s personal.”

Timberlake -- who had a son in 2015 with his wife, actress Jessica Biel -- grew up near Memphis, Tennessee, one of the capitals of blues and soul music as well as rural-rooted country.

The video features snippets of acoustic guitar, hinting perhaps at a more somber sound for the album, but closes with Timberlake in the studio

with all-star pop producer Pharrell Williams.

Timberlake, one of the top-selling artists of the 21st century both as a solo artist and with boy band NSYNC, rose to fame with an electronic pop sound before finding a new voice by bringing in R&B, notably on his 2006 album “FutureSex/LoveSounds.”

Timberlake has been offering hints of his upcoming album for years. In a 2016 interview with the BBC, Timberlake declined to describe it as a country album but acknowledged the influence.

“I really did grow up in a place in America where I was like two hours from the country music capital of the world (Nashville), home of the blues, birthplace of American rock ‘n’ roll,” he said.

Timberlake last released full albums in 2013, putting out “The 20/20 Experience” and “The 20/20 Experience -- 2 of 2” in quick succession.

Even without albums, Timberlake has kept putting out music, scoring a mega-hit in 2016 with “Can’t Stop the Feeling!” a giddy summer song that appeared in the animated film “Trolls.”

But Timberlake has focused increasingly on acting rather than music in the past several years, most recently starring as a bookish and seductive lifeguard in Woody Allen’s “Wonder Wheel.”

Agence France-Presse

FROM THE HEART

Justin Timberlake gets ‘personal’ in his first album in five years

FILMS

Golden moments

The 75th annual Golden Globe Awards



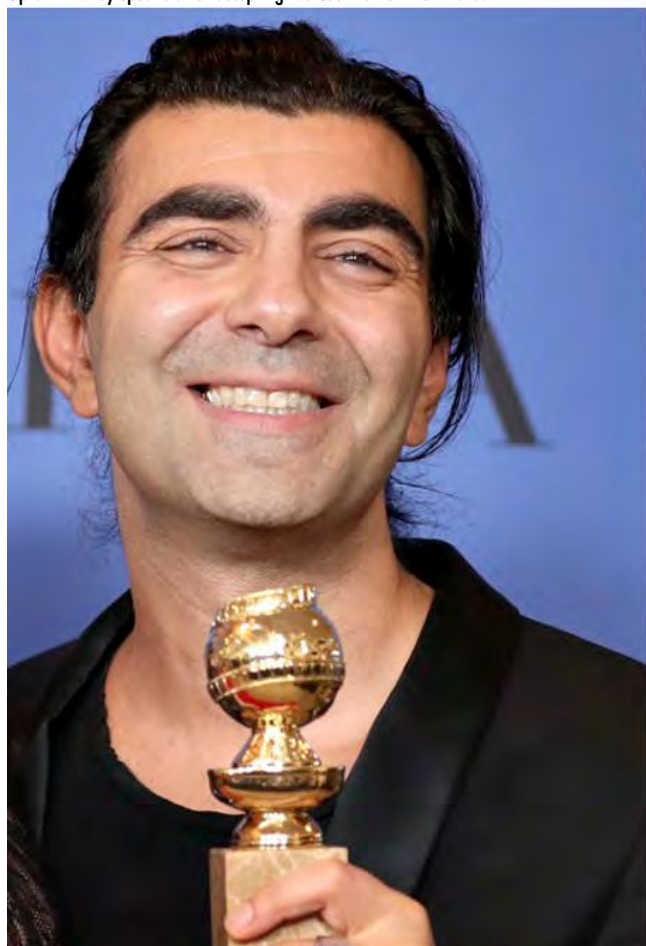
Oprah Winfrey speaks after accepting the Cecil B. Demille Award.



Martin McDonagh (left), Best Screenplay, Sam Rockwell, Best Actor in a Supporting Role and Best Actress Frances McDormand.



Actor Gary Oldman



Director Fatih Akin



Saoirse Ronan



Allison Janney poses with the award.



COCO Producer Darla K. Anderson (left), director Lee Unkrich and Adrian Molina.



Actor James Franco

For once, everyone was listening to what the women of Hollywood had to say. And it all went down at — of all places — the Golden Globe Awards



Guillermo del Toro with the award for Best Director



Composer Alexandre Desplat



Songwriting duo Benj Pasek and Justin Paul

The Golden Globe Awards aren't generally known for their seriousness, yet the Jan. 7 ceremony will go down in history as a powerful celebration of women.

Oprah Winfrey gave a movement-defining speech. Natalie Portman threw shade at the all-male directing nominees — while presenting that award — and then Geena Davis did the same for the actors. Barbra Streisand scoffed at the bleak fact that 34 years after her win, she remains the only female director to have won a Golden Globe. And nearly every soul wore black in support of Time's Up and as a statement against sexual misconduct in Hollywood.

For once, everyone was listening to what the women of Hollywood had to say at the Globes, which saw big wins for female-led projects like "Big Little Lies" and "Lady Bird."

JAMES FRANCO ON TRACK FOR AN OSCAR NOMINATION

James Franco took what was arguably the worst performance in movie history and turned it into what was arguably his own greatest role, taking home a Golden Globe for "The Disaster Artist". Franco played Tommy Wiseau, Hollywood cult hero of mysterious origins and the force behind the worst-best-film-ever "The Room," in "The Disaster Artist."

"First person I have to thank is the man himself, Tommy Wiseau, come on up here Tommy!" Franco shouted when he accepted the award.

Wiseau darted out of his chair, ran across the room, and leapt up to the stage with his long, dyed-black hair and sunglasses looking, as Franco's friend and co-star Seth Rogen described him earlier in the show, "like a vampire went to a costume party dressed as Johnny Depp."

Franco's remarks were as much an acceptance speech for Wiseau as they were for Franco himself.

"Nineteen years ago, he was stuck in traffic and saw a sign for the golden globes," said Franco, who then broke into Wiseau's mystery accent as he did in the film. "Golden Globz, I don't care, I'm not invited. Guy with long hair, accent. So I show them. I don't wait for Hollywood, I make my own movie."

Wiseau was among the most popular partners for celebrities posing for photos on the red carpet.

Franco, 39, a clear but not overwhelming favourite in the category, beat out fellow nominees Steve Carell for "Battle of the Sexes," Ansel Elgort for "Baby Driver," Hugh Jackman for "The Greatest Showman" and Daniel Kaluuya for "Get Out."

It was Franco's first Golden Globe for a film role in his third nomination in the movie categories.

He won a Golden Globe in 2002 playing the title character in the biopic "James Dean."

His one previous Oscar nomination came in 2011 for "127 Hours."

Franco later shifted to earnest in his speech.

"This was billed as a movie

about making the best worst movie ever made, but in fact it's a movie about friendship, he said, thanking Rogen and his brother Dave, who co-starred as his best friend in the film.

"I used to want my own Coen brother, someone to collaborate with," James Franco said, putting an arm around his brother. "I realised I had a Franco brother. Thanks to my mother for giving him to me."

BEST ACTRESS AWARDS

They are separated by almost 40 years, grew up on different continents, and lead films that couldn't be more different, but the two best actress winners at the Golden Globes, Frances McDormand, 60, and Saoirse Ronan, 23, agreed that the night was something special — the awards themselves were just almost a side show.

McDormand, who won for portraying the vengeful and grieving mother of a daughter who was raped and murdered in Martin McDonagh's "Three Billboards Outside Ebbing, Missouri," said that while she keeps her politics private that, "It was really great to be in this room tonight and to be part of the tectonic shift in our industry's power structure."

"Trust me," McDormand continued, "The women in this room tonight are not here for the food. We are here for the work."

She won her first individual Golden Globe ever in the best actress in a drama category over Jessica Chastain ("Molly's Game"), Sally Hawkins ("The Shape of Water"), Meryl Streep ("The Post") and Michelle Williams ("All the Money in the World").

Backstage when a reporter asked McDormand if there was any danger of Hollywood returning to its old ways, McDormand said sternly, "What do you think?"

"No, there's no going back," she said eventually. "Go forward. In the best possible way."

Saoirse Ronan "Lady Bird" star meanwhile, also picked up her first Golden Globe win for best actress in a musical or comedy.

"I wanted to say how inspirational it has been to be here tonight," Ronan said in a short and sweet speech, where also said "hi" to her mother in Ireland, not on TV, but on FaceTime on a personal phone that someone in the audience held up to the podium. She hugged her movie mom, Laurie Metcalf, as she made her way to the stage.

Ronan plays the title character in the Greta Gerwig-written and directed coming-of-age film "Lady Bird," about a teenage girl in her last year of high school in Sacramento in 2002. The film also won best musical or comedy.

"It's an incredibly special thing to have a character like this exist now finally," Ronan said backstage, alongside Gerwig.

Ronan, who had previously picked up nominations for "Brooklyn" and "Atonement," was up against Margot Robbie ("I, Tonya"), Emma Stone ("Battle of the Sexes"), Judi Dench ("Victoria & Abdul") and Helen Mirren ("The Leisure Seeker").

Associated Press



LIST OF GOLDEN GLOBE WINNERS (FILM)

BEST FILM, DRAMA:

"Three Billboards Outside Ebbing, Missouri"

BEST FILM, MUSICAL OR COMEDY:

"Lady Bird"

BEST DIRECTOR:

Guillermo del Toro, "The Shape of Water"

BEST ACTOR, DRAMA:

Gary Oldman, "Darkest Hour"

BEST ACTRESS, DRAMA:

Frances McDormand, "Three Billboards Outside Ebbing, Missouri"

BEST ACTOR, MUSICAL OR COMEDY:

James Franco, "The Disaster Artist"

BEST ACTRESS, MUSICAL OR COMEDY:

Saoirse Ronan, "Lady Bird"

BEST SUPPORTING ACTOR:

Sam Rockwell, "Three Billboards Outside Ebbing, Missouri"

BEST SUPPORTING ACTRESS:

Allison Janney, "I, Tonya"

BEST SCREENPLAY:

Martin McDonagh, "Three Billboards Outside Ebbing, Missouri"

BEST FOREIGN LANGUAGE FILM:

"In the Fade"

BEST ANIMATED FEATURE:

"Coco"

BEST ORIGINAL SCORE:

Alexandre Desplat, "The Shape of Water"

BEST ORIGINAL SONG:

Benj Pasek and Justin Paul, "This Is Me" from "The Greatest Showman"

German-born actress Diane Kruger's latest role as a woman whose husband and son are killed in an attack in the German movie "In the Fade" left her "physically exhausted" and taking a step back from acting.

"I didn't take a movie for a long time. I just felt like I couldn't. I was feeling I was drowning," Kruger said.

"I just needed time for myself to get my life back in order," she added.

Kruger, known for films such as "Inglourious Basterds" and "Troy," plays Katja in director Fatih Akin's "In the Fade," about a woman who marries her husband while he is in prison.

Years later, a devastating tragedy leaves her husband dead and Katja on a mission for justice, suspicious that Neo-Nazis might be behind her loss.

German director Akin, who is of Turkish descent, said he wanted to explore racism and specifically Neo-Nazis in Germany within the film.

"There are people in this country, which I consider is my country, who want to kill me just because I look like how I look like with black hair and brown eyes. They want to kill me for it, for nothing. This bothers me," Akin said.

"I don't like that, so I have a feeling that I need to express my anger so the film gave me the opportunity to express it on paper and later on film," he added.

The film has garnered both Akin and Kruger strong praise from critics, and Kruger was named best actress at France's Cannes Film Festival last year.

"In the Fade" is Germany's entry to the Oscars, one of nine films short-listed in the foreign language film category.

Reuters

DIRECTOR FATIH AKIN SHOWS A SELDOM SEEN FACE OF TERRORISM

It's startling how few filmmakers have tried to tackle terrorism with anything beyond a standard procedural account. It's less surprising that one of the few to really grapple with a response is Fatih Akin, the German-born filmmaker of Turkish descent, whose thorny, probing dramas traverse borders as a matter of course.

His latest, "In the Fade," is Germany's Oscar submission and one of the nine films shortlisted for best foreign language film. It deservedly earned its star, Diane Kruger, the best actress award at last year's Cannes film Festival. And like the best of Akin's films ("Head-On," "The Edge of Heaven"), it's a muscularly lean and emotionally raw film. At turns a tragedy, a courtroom drama and a revenge thriller, "In the Fade" is a shape-shifting quest through a terrorist tragedy, as outraged as it is compassionate.

Kruger, a native German acting in her first German film, plays Katja

Sekerci. She lives in Hamburg with her husband Nuri (Numan Acar), who's Turkish, and their five-year-old son Rocco (Rafael Santana). In the movie's opening preamble, Nuri, clad in a white suit, is walked from his prison cell directly into his wedding with Katja. It's the kind of incongruity Akin delights in. (His "Head-On" fashioned a love story between a man and woman brought together by mutual suicide attempts.) The first notes of "My Girl" radiate while Nuri strides down a corridor of cheering male inmates.

It's also just the first inversion of "In the Fade." The film flashes forward to their happy family life five years later. When Katja returns to Nuri's office one evening, she encounters a road blocked by police. Her initial horror is soon confirmed: both Nuri and Rocco have been killed by a nail bomb exploded just outside his tax office, their bodies obliterated. Katja descends into a nightmare of grief and disorientation. She leads investigators through the rain to her home to give them her husband and son's toothbrushes to identify their DNA.

The police, while sympathetic, are immediately suspicious of Nuri's background. Was he religious? Was he "politically active?" Was he dealing drugs again?

But Katja remembers a fleeting encounter when she left her husband's office where a woman left an unchained bicycle outside the office. She was, as Katja says, white and blonde, "as German as me." Only once investigators have looked into dormant criminal connections and nonexistent Turkish mafia ties do they realize Katja was correct. The bombing was the work of neo-Nazis, a pair of whom were simply targeting a Turkish area of town.

Akin was inspired to make "In the Fade" (the title of which comes from a Queens of the Stone Age song; the band's Josh Homme composed the score) after a rash of Neo-Nazi terrorist attacks in Germany, where a flood of refugees from Syria has also raised anti-immigration tensions. But "In the Fade" resonates on many other shores, too, including here in the United States, where neo-Nazism is also present, and where the ethnicity of a perpetrator sometimes seems to determine which mass killings get labeled terrorism. In "In the Fade," the face of terrorism is blonde and blue-eyed.

Told in three distinct chapters, the film is alternatively wrenching, gripping and a little perplexing. The middle chapter, the courtroom drama, is expertly done, and aided by fine attorney performances by Denis Moschitto and Johannes Krisch. But the second act's clear lines of good and evil are blurred in the final chapter, which moves to sunny Greece where Akin's film fights a growing sense of despair with the glimmer of a greater empathy.

To say that the many parts of "In the Fade" are held together by Kruger would be an understatement. As a cocktail of grief, fury and regret, she's a remarkably original protagonist—a chain-smoking, tattooed mother who, in her trauma, is always a breath away from drowning.

Jake Coyle/Associated Press



Diane Kruger, (right), and Rafael Santana in the film 'In the Fade.'

REELING UNDER THE PRESSURE

Diane Kruger discusses her challenging 'In The Fade' role, which is Germany's entry to the Oscars, one of nine films short-listed in the foreign language film category. Rollo Ross writes

Director Fatih Akin and Diane Kruger.



FILMS



In 'All the Money in the World,' money is everything and nothing, says Jill Serjeant

PRICE OF FAME



MARK WAHLBERG, (LEFT), CHARLIE PLUMMER, MICHELLE WILLIAMS, AND RIDLEY SCOTT.



KEVIN SPACEY

Michelle Williams

Christopher Plummer

When director Ridley Scott decided to remove Kevin Spacey from his film "All the Money in the World" and reshoot it with Christopher Plummer, he did not just pull off an extraordinary feat.

Plummer's performance as US oil billionaire J. Paul Getty also subtly changed the tone of the movie about the sensational 1973 kidnapping of Getty's 16-year-old grandson.

"There is a coolness to Kevin. That's his style, even when he's being emotional," Scott said in an interview.

"This man (Plummer) has enormous charm, and when you apply that charm to such, sometimes really hard, words, it makes it much more interesting," he said.

Part biography and part thriller, "All the Money in the World" dramatizes the kidnapping in Italy of John Paul Getty III and his grandfather's refusal to pay a \$17 million ransom despite being the richest man in the world.

In a rare move, Scott announced in November that he would reshoot the finished film with Plummer after allegations of sexual misconduct against Spacey, saying he feared negative publicity would damage the film's prospects.

Spacey issued an apology for the first reported incident, involving actor Anthony Rapp. He has since been accused of misconduct by more than 30 men and dropped from the next season of Netflix TV series "House of Cards."

Reuters has been unable to verify the allegations against Spacey. The Oscar-winning actor is seeking unspecified treatment, and a representative on Monday did not respond to a request for comment.

The Sony Pictures movie, now starring Plummer along with original cast members Michelle Williams and Mark Wahlberg, will be released in Europe later this week and in the United States on Dec. 25.

Plummer, 88, sought to bring humanity to Getty, although he said he "made no pretense at research" for the role ahead of a nine-day reshoot in London and Rome in mid-November. He did not see Spacey's original scenes.

"I had to follow the writing, all in a very short space of time," Plummer said. "I saw him more vulnerable than the script suggested... so he would have some dimension and some humanity."

Plummer, Scott and Williams were nominated last week for Golden Globe awards.

Scott said he was initially drawn to the project not so much because of the kidnapping by the 'Ndrangheta, the Calabrian mafia, who cut off their victim's ear, but because of the elder Getty.

"He's an enigmatic character who isolated himself through wealth. When somebody becomes that wealthy, all the friends start evaporating, so he was an isolated individual," the British director said. Getty died in 1976.

Scott said the \$40 million reported budget for the film plus \$10 million for reshoots was "a little high." The costs were borne by production company Imperative Entertainment.

He said he hoped the publicity around the decision to reshoot six weeks before its scheduled release would help rather than overshadow the film.

"I think it may have people attracted to it out of curiosity who normally wouldn't come and see this film."

REVIEW

It may be unfair that the story of "All the Money in the World" — Ridley Scott's film about the 1973 kidnapping of John Paul Getty III — has been hijacked by the last-minute replacement of one of the film's most important supporting players. When Kevin Spacey went down in the Great Hollywood Sexual Assault Reckoning of 2017, director Scott was not about to let his film go down too as collateral damage. The legendarily fast Scott reshooted the every one of Spacey's scenes as curmudgeonly oil billionaire John Paul Getty with Christopher Plummer in the role, and pulled it off — from production to post — in only a matter of weeks. The seamless final product is astonishing for that fact alone. Its production has now become myth. But "All The Money In The World" deserves to be appraised on its own. The film is a bold stylistic project from Scott, a faded, sepia-toned snapshot of a heady moment in time; a whirlwind of frenzied activity detailing the life and legend of John Paul Getty, through the lens of this ugly incident. Through this event, we come to understand the psychology of the man, a visionary oil billionaire for whom money becomes more plentiful than air. And yet, it is his miserliness that defines him. When it came to his beloved grandson's kidnapping, Getty was a real Scrooge (ironically, Plummer played Ebenezer Scrooge himself in the meta-adaptation of "A Christmas Carol," "The Man Who Invented Christmas," this fall). Unlike Scrooge, it's doubtful Getty ever had a true change of heart, according to "All the Money in the World." It's a testament to Michelle Williams's outsize talent that for all the hubbub surrounding the film, she shines like a beacon. It's one of her best performances, which helps explain why Scott so desperately wanted to save the film. She adopts a patrician accent as Gail Getty, the daughter-in-law of Getty Sr. and mother of Paul (Getty the third). For her, it never really seems to be about the money. She'd like her husband to get a job and suggests he contact his estranged father. But their connection to him places the target squarely on her son Paul's (Charlie Plummer) back. When Paul is kidnapped, Gail is on her own, her ex-husband wasted in Marrakech, not a true Getty cent to her name. Reaching out to her father-in-law for help, he dispatches the hysterical woman with his hired dealmaker, former CIA man Fletcher Chase (Mark Wahlberg), refusing to pay the ransom, claiming his other grandchildren will be kidnapped. For Fletcher, it seems like another gig, as Gail and Getty quibble over dwindling sums of money and the kidnapping stretches on interminably. Paul himself dwindles, losing an ear in the process. But, for its breathless pace, the plot eventually grinds to a stalemate. As the film reaches its conclusion, the message we come away with is: Money means nothing and money means everything. For Getty, money is air, but he grasps at every last cent. Money is his entire existence. Gail's existence is family. But there isn't much more characterisation or motivation than that, and Fletcher is granted even less. This movie may be about the soul-corroding nature of money, and it illustrates that well, but what exactly does it all mean? Scott proves miserly in providing answers beyond that.

Reuters

Katie Walsh/Tribune News Service



Mark Wahlberg

FILMS



WRITING THE TRUTH

Feminism and press freedom come together in 'The Post', writes Jill Serjeant

TOM HANKS PORTRAYS BEN BRADLEE, (LEFT), AND MERYL STREEP PORTRAYS KATHARINE GRAHAM.



Steven Spielberg's new movie "The Post" may be set in 1971 but its theme about press freedom is all about today. Spielberg rushed to get the movie filmed and released within a year. It is about the battle by newspapers to publish the leaked Pentagon Papers detailing the US government's misleading portrayal of the Vietnam War.

"I just felt that there was an urgency to reflect 1971 and 2017 because they were very terrifyingly similar," the Oscar-winning director told a Hollywood audience after a screening of the film.

"Our intended audience are the people who have spent the last 13, 14 months thirsting and starving for the truth," Spielberg said. "They are out there, and they need some good news."

Starring Meryl Streep as the late Washington Post publisher Katharine Graham and Tom Hanks as late editor Ben Bradlee, "The Post" on Monday was named the best film of 2017 by the National Board of Review, a New York-based 100 year-old group of academics, filmmakers and professionals.

Streep was named best actress and Hanks was voted best actor, setting the film up as an early front-

about what was happening in the world and the country."

After getting the script in February, "suddenly my entire outlook on the future brightened overnight," he said.

Among those in the forefront of that battle was Washington Post publisher Katharine Graham, played by Meryl Streep, who despite being in her mid-50s at the time, was struggling to establish herself in a man's world. She had taken over the publisher's job following the death of her husband, Phil Graham.

"There is something very relatable to a woman finding her voice, to a woman standing in a room with men and being out-talked and overlooked," said Liz Hannah, who wrote the screenplay with Josh Singer.

It was Graham who had to give the go-ahead to editor Ben Bradlee (played by Tom Hanks) to defy an injunction by the Nixon White House and risk imprisonment by publishing the Pentagon Papers.

The decision affected not only Graham's family but the future of her company and the way she thought of herself.

Streep, 68, who is expected to be Oscar-nominated for a record 21st time next month, had no doubt about the film's relevance for women who are



Director Steven Spielberg

runner for the Oscars. Spielberg, a prominent Hollywood Democrat, did not mention US President Donald Trump in his remarks. But "The Post" arrived in movie theatres in December at a time when the media has been under repeated attacks by Trump since his election in November 2016.

Trump has called the press "the enemy of the American people." He uses the term "fake news" to cast doubt on news reports critical of his administration, often without providing evidence to support his case.

US Attorney General Jeff Sessions said in August the Trump administration was considering requiring journalists to reveal their sources amid Trump's push to stop leaks to the press.

The film dramatises the decisions by the New York Times and the Washington Post to publish the top-secret Pentagon Papers about the Vietnam War in the face of injunctions by the Nixon administration in a battle that went to the US Supreme Court.

Spielberg said that before making the film he was "really depressed

still fighting for equality in corporate boardrooms and in Hollywood itself.

"I try to tell young women who weren't alive then how different it was very recently, and it still is in those leadership circles. We have filled up the bottom of the pyramid but ... where it all gets decided, we don't have parity. We're not even close," Streep said.

Streep said she relied on Graham's Pulitzer Prize-winning memoir "Personal History" for insight into the publisher's thinking at the time.

"She was very uncertain, and it's in her book and she talks a lot about that," Streep said. "At work, she had so many people thinking she didn't deserve to be where she was. We know what a brilliant woman she turned out to be."

The Washington Post review of "The Post" said, that "Streep and Hanks lead a stirring homage to the pursuit of the truth."

And Entertainment Weekly said that Streep's performance "elevates 'The Post' from being a First Amendment story to a feminist one too."

Reuters



OUTBID CELEBRITY

BRAD PITT offered to pay \$120,000 to watch an episode of "Game of Thrones" with Emilia Clarke, but he was outbid.

Pitt bid six figures on Saturday night during a silent auction at Sean Penn's annual gala for Haiti, held at Milk Studios in Los Angeles, reports variety.com.

During the charity gala, the auctioneer announced the opportunity to watch an episode with Clarke, who was in attendance at the event, along with her "Game of Thrones" co-star Kit Harington.

The auction to watch the episode with Clarke started at \$20,000. Pitt raised his bid \$120,000. In the end, Pitt was outbid by a gala-goer who ended the auction at \$160,000.



FORMAL REQUEST

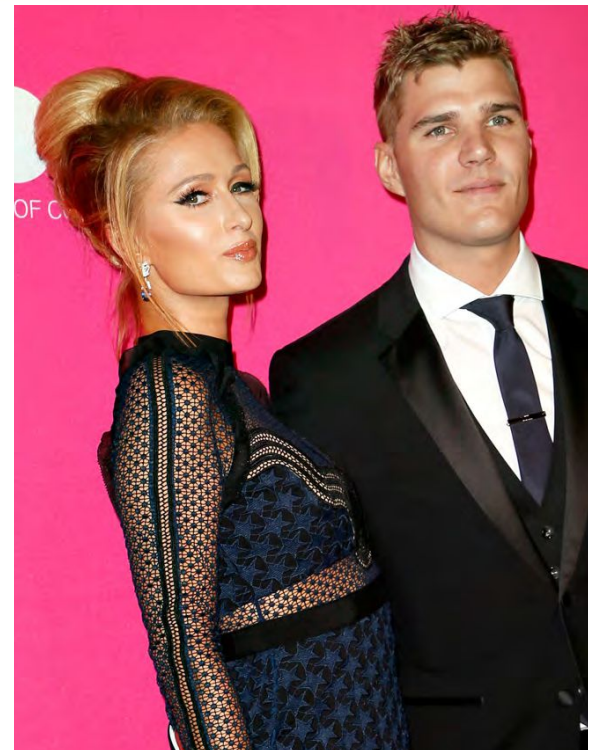
Model KENDALL JENNER's boyfriend BLAKE GRIFFIN has filed papers in court for the custody battle of his two children, who he has with former girlfriend Brynn Cameron.

Griffin formally requested equal parenting rights with Cameron, in October, but court papers only surfaced this week, reports radaronline.com.

Documents at the Los Angeles Superior Court reveal that Griffin is demanding joint physical and legal custody of son Ford Wilson and daughter Finley Elaine.

Cameron has already been hit with a restraining order since the couples' split in July 2017.

The formal order prohibits her from leaving California with their children until a final decision about parental access has been agreed.



ENSURING SECURITY

PARISHILTON, who got engaged to CHRIS ZYLKA, has hired security to look after her \$2 million engagement ring.

Hilton has hired 24/7 security to shadow her and keep an eye on her expensive ring, reports tmz.com. "They've had 24/7 security shadowing them. And specifically the ring ever since they got engaged last weekend," a source said.

Hilton's latest move comes in the wake of the burglaries that targeted Nicki Minaj and Kim Kardashian's homes.

"She feels it's best to have someone on guard at all times because of the rash of celeb burglaries this past year," the source said Hilton already has "around the clock security at home".



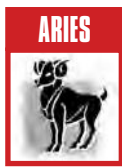
ASTROSCAPE



CAPRICORN COVERAGE

YOUR FRIENDLY ASTROLOGER MEL

It is a very peak period for Capricorn this week, with the Sun, Venus, Saturn, Pluto, and yes, the New Moon all grouped together on this zodiac's terrain. For those signs that cheer on Capricorn values and beliefs get added support and for those signs that balk at the hard lessons Capricorn gives via convention, tradition, culture, restraint, restrictions and discipline get detention. While all of these topics appear dull and boring, the invaluable lessons gained from these experiences are what toughens the spirit and reinforces strength. The best route is to get your gear on with the empowering Capricorn. Get ready to begin anew.



ARIES
MAR 21
APR 20

The Capricorn group in the sphere of profession is a peak season for Aries. Here, you are in the spotlight with peers and authorities challenging you as the world watches on. So be wary of your reputation. The best way to handle this strong energy is to seek solutions, listen carefully to authorities, show respect, be disciplined and above all be patient. The rewards are immense if you seek to glorify yourself publicly sooner or later but first you must pass these tests or take a long rest from the ladder of success. It could be the beginning of the end of your current career and the start of a brand new one. Whatever the New Moon brings, it is time for change in the outer world. Others are going to view you differently and things won't be the same – it is not an ominous statement, not if you choose it to be.



TAURUS
APR 21
MAY 20

The New Moon in Capricorn along with the Sun, Mercury, Venus, Saturn and Pluto are a powerful and favourable combination for Taurus when it is connected to overseas, higher education, in-laws and foreign media. This period is at its peak and boosts Taurus in a very beneficial way. You are promoted overseas and your horizons expand. It means it is time to travel and seek new shores. Begin a new adventure; pursue higher education; find love and finances; get authorities to pat your back and support as well as promote you and empower your expansion. All of this only if you take that first step! So move, now.



GEMINI
MAY 21
JUN 20

The New Moon in Capricorn along with other planets packed together in the sphere of joint financial ventures is the peak week for planning and implementing these ventures. It is about restructuring, restraining, and disciplining all resources. This is a brand new period to work out matters with a financial partner and it could be the end of an old union or the beginning of a brand new one. This New Moon along with the other planets is about restructuring joint finances and resources about strengthening the bond between partner and self. It can be very difficult and there will be financial limitations but grin and work at it.



CANCER
JUN 21
JUL 20

The New Moon in Capricorn is the start of a brand new relationship phase that could be the end of an old relationship and the beginning of a new one. Of course, it is a very emotionally opposing period and a rather challenging one but this is always the case when it is about change. It is about restructuring and disciplining the self to take stock of the emotions and not allow them to rule you into distress and disaster. This is about being co-operative with the partner. Legal matters are part and parcel of this relationship for better or worse. It is the time Cancer settles down once again to what has the potential to become a long-lasting and empowering relationship. Advice: Please watch your words.



LEO
JUL 21
AUG 20

The New Moon in Capricorn calls for new beginnings in matters of health, work, colleagues, animal companions, and in one's routines. This period is packed with Capricorn power that enforces restrictions and imposes discipline. It is a period to tap into the latent Capricorn energy in your own system that brings out the cool, calm and wise authority that takes over and restores health as well as gets your act together for work and service especially to the vulnerable such as vulnerable animals. It is time for a promotion and financial raise if you hold a job or time for new steadfast and capable employees as well as a new working environment. Get the Capricorn energy to work for you. Mercury in Capricorn advises being calm and wise in communication.



VIRGO
AUG 21
SEP 20

The New Moon in Capricorn and other planets call for new beginnings of a very favourable kind for matters related to romance, creative ventures, recreational activities and children. This is a great period to take a break and unwind. Your innate nature is to stay disciplined and dedicated and this period works favourably to endorse all this and more for these areas of your life. Love is in the air and it may turn out to be a long-lasting and dependable one. Finances may start to perk up and you are given the power to be the playful yet careful you. Go ahead you worked hard so now reap your rewards.



LIBRA
SEP 21
OCT 20

It is the peak period to work on your challenges in connection to home and family matters. The period stresses the need to be careful, in charge of decisions that may need to be enforced despite the antagonism as well as the discipline and restriction for the home and family. It is about taking charge and being the authority. It is a new beginning for home and family life and while it may not be rosy do remember that there is always the calm after the storm and this Capricorn energy is working to bring about that result for you, for your home and for your family. Mercury's Capricorn ensures strong, stern and practical communication. Proceed carefully and be wise.



SCORPIO
OCT 21
NOV 20

When there is a New Moon in Capricorn, backed by other planets and a luminary, it becomes the peak period of support, communication and commutation with and from those around. It becomes the hull of education and the need to interact with peers and authorities that promotes ideas and messages. There are several opportunities this week that prove to be beneficial in the long run. The heart and mind are in perfect co-ordination for the best results. Mercury's move into Capricorn also ensures sensible and practical communication that is censored and governed by authorities for the good of all concerned.



SAGITTARIUS
NOV 21
DEC 20

The New Moon and the other planets, now Mercury included, along with the Sun work hard for new financial beginnings that bring about prosperity for Sagittarius. This is the peak period to look into personal financial matters that are likely to need restructuring, restraint and discipline as well as focus. Be practical and conservative with your finances and watch it grow as you tend to it carefully and wisely with patience and great effort. It may spoil the fun with children, recreation and romance but it does so for your own benefit.



CAPRICORN
DEC 21
JAN 20

The New Moon along with planets such as Venus, Saturn, Pluto and now Mercury, including the Sun in your own sign presents a very powerful period for you. It is your peak period to rise and shine, promote and deliver, wake and make. The shadows of Sagittarius have passed over and your sky is burgeoning with fresh, new opportunities, a brand new makeover and new position with power. No doubt, you will work hard for the rewards but as you are already hard-working, this is a bonus and will be well received by you. Empower yourself and watch out for excess that has the opposite effect of destruction. You are at your peak. Handle it wisely and well. Begin anew.



AQUARIUS
JAN 21
FEB 20

The New Moon in Capricorn brings new beginnings that advise a lot of rest and retreat from the outer world. This is a powerful period to empower the self in private. No doubt, there will be many things happening in secret but it is up to you to decide if the secret is to be dissolved or to be worked on to be revealed much later. Whatever is the decision, be patient, work hard and be careful. It is important to be prudent and live within the rules of the confinement and to be accepting of retreat. Rebellion will not be tolerated. Mercury in Capricorn is best lived through reading or pursuing spiritual interests. Quiet the mind and empower the soul.



PISCES
FEB 21
MAR 20

The New Moon in Capricorn calls for new beginnings of an empowering kind that is related to social causes, groups and goals. It involves restrictions, restraint, discipline, focus, hard work, sacrifices and authority figures. It is a strong period for selfless and humanitarian purposes but personal gain is not on the agenda. This is a strong period to interact socially with those influential people who could help promote your goals. Interact, communicate and commute for best outcomes. Overseas matters continue to peak and push for expansion but as with every good thing, watch out for excess.

ATRO TIP FOR THE WEEK

THE NEW MOON IN CAPRICORN ADVISES NEW BEGINNINGS THAT INVOLVE DISCIPLINING THE EMOTIONS AND BEING FOCUSED ON WORK HARD AND POSITION THAN ON THE PERSONAL MATTERS WHILE MERCURY IN CAPRICORN ADVISES BEING CAREFUL, PATIENT, CONSTRUCTIVE AND WISE IN ALL MANNER OF COMMUNICATION. CONTINUE TO HAVE AN EMPOWERING WEEK!

FASHION





JOHN LAWRENCE SULLIVAN
AUTUMN-WINTER 2018

LONDON FASHION WEEK BEGINS WITH A HOST OF YOUNG TALENT

Models will strut their stuff on catwalks when London's menswear fashion week gets under way on Saturday, but absent will be some big industry names who have chosen to skip the event, or make digital presentations in place of runway shows.

The event will see around 50 traditional catwalk shows over three days, with the remainder of the 80 designers on the bill showcasing their wares through a variety of other events, including digitally.

The transition to new methods of connecting with buyers has cost the event some of its biggest catwalk names. Punk icon Vivienne Westwood announced last month that she would eschew a runway show and showcase her collection via an audio-visual presentation.

Other big Brands, including Britain's Burberry and J.W. Anderson, decided to skip the event last year and this year respectively, in favour of holding 'co-ed' shows during London's fashion week for womenswear in February.

"All we're trying to do is shorten the distance from a consumer to a pair of trousers," said London fashion Week Men's Chairman Dylan Jones, who is also the editor of British GQ magazine.

"If a brand or a designer deems that it's much better for them to do a joint show, a show out of season, a digital show, go direct to consumer — doesn't matter. It's all about amplifying British creativity and selling."

John Lawrence Sullivan's show at London Fashion Week Men's in London kept the audience rapt with admiration while he promoted a more youthful image. Japanese designer and founder of the label Arashi Yanagawa, provided a fresh insight into menswear, pairing coats with denim. Long overcoats, formal jackets and streamlined trousers featured in the collection.

The drift away from London Men's fashion Week by established designers has seen the number of parades drop by a dozen this year.

It has led to questions over whether the British event, the younger of the annual fashion weeks, can still compete with Paris, Milan and New York.

Organiser The British fashion Council hopes it can still flourish by allowing young and upcoming local designers to showcase their talents.

Caroline Rush, its chief executive, said the 2018 edition will be "a celebration of discovery and the creative diversity that has made London an international hub for menswear."

Agencies



Texan style

When in San Antonio, check out the shops selling cowboy boots. They're not just footwear; they're part of a Texan's identity, whether rough-hewn or fancy



Saleswoman Michelle Esquivel holds a pair of custom made cowboy boots at the Lucchese Boot Maker shop. The Lucchese store sells off the shelf hand crafted boots made in Texas.



Duane Little holds a custom designed yellow kangaroo skinned cowboy boots made by his family's shop, Little's Boot Company, in San Antonio, Texas.



Boot maker Jose Pena nails a steel shank into a custom fitted cowboy boot at Little's Boot Company.

Custom designed boots line the shelves at Little's Boot Company.

A visit to San Antonio would not be complete without a stroll by the Alamo, enjoying a cheesy enchilada plate at a Tex-Mex joint off the River Walk, or browsing the cowboy boot section at the local Western wear shop.

In fact, nothing says more about a Texan than a fancy pair of cowboy boots. Whether they're rough-hewn boots scuffed and dirtied after a hard day's work at the ranch, or a slick pair of exotic skin boots made from snake or alligator, worn to a board meeting or for dancing at the honky-tonk, cowboy boots are a part of Texas identity.

"I won't wear anything else," says Dallas resident Coley Kellogg, 24, who got his first pair of custom-fit boots when his feet stopped growing at age 15. Kellogg, who originally grew up in San Antonio, works as an analyst in the oil and gas industry and pairs his fancy ostrich-skinned boots with slacks to the office every day.

Any boot-wearing Texan can attest if takes confidence to pull off a fancy pair, especially if you've didn't grow up in a Western-wear culture. Texans just don't wear them sparingly: Western boots are matched with business suits, accessorised with mini-skirts and even found under the occasional wedding dress.

Western wear shops can be found around San Antonio and, along with 10-gallon hats and humongous belt buckles, most shops will have a wide variety of cowboy boots to peruse and try on. Cavender's Boot City, a Western wear shop found just west of the airport off NW Loop 410, sells cowboy boots for as little as \$100 but offers many for hundreds, even thousands, depending on the types of materials used in making the boots. The Lucchese Bootmaker store in central San Antonio sells a handmade pair of American alligator skin boots costing nearly \$13,000.

Traditionally, cowboy boots were made with tough cattle hides to withstand a life of driving cattle across the open plains, but boot makers turned to exotic leathers and fancy stitching to attract not only cowboys, but the ranch and oil field owners who were willing to pay more for something different.

Many boot makers use snake and lizard skins, along with the hides of hippo, stingray, elephant and many others. (Laws allow import and sale of these animal skin products with proper permits

under certain conditions.)

More fashion boutique than traditional Western wear store, the Lucchese store at the Alamo Quarry Market on Jones Maltzberger Road sells cowboy boots better suited, and priced, for boardrooms than the oil field. The soft leathers of goat and buffalo adorn many of the boots in the showroom along with the scaly pirarucu skin, a large freshwater fish found in the Amazon.

Lucchese's high-priced boots have been worn by US presidents, Dallas Cowboys cheerleaders and celebrities like Arnold Schwarzenegger and the late professional wrestler Andre the Giant, who wore a whopping 26EEE, according to Lucchese marketing manager Merritt Millorn.

If boot shoppers want something different than the off-the-shelf boots, head down to Little's Boot Company on San Antonio's southside. Founded by Lucien Little in 1915, the company has been making customised boots for over a century. The shop offers handmade footwear for customers willing to spend top dollar for a cowboy boot that offers a unique style, comfort, perhaps most importantly, a sense of identity.

Inside Little's showroom, hundreds of colourful boots the family made over several decades line the shelves. Some have decorative embroidery stretching from the pointy toes up to the shafts. Others are emblazoned with pictures of the Alamo, bluebonnets, and even a portrait of Elvis Presley stitched into one unique pair of boots. The store can create designs for customers upon request, incorporating elements with personal meaning ranging from musical notes to Day of the Dead, according to Duane Little, who helps run the business his great-grandfather started.

A pair of custom-made boots from Little's made with calf's leather or kangaroo skin and simple stitching and no fancy designs start at \$1,300 with an eight-month waiting list. Little's is located on Division Street just off I-35 South.

The cowboy boot is a lifestyle, as most Texans will attest. It is part of an identity that keeps Texans, Texas. So if you think you're tough enough to tame a bucking bronco or brave enough to two-step across the dance floor, consider picking up a pair on your next trip to San Antonio.

Associated Press



SURGERY FOR DIABETES

Diabetes is an epidemic problem in many parts of the world including the Gulf region. The prevalence of diabetes is increasing in most countries. The WHO estimates that from a global prevalence of about 4.7% in adults over 18 years of age in 1980, the prevalence had increased to 8.5% in 2014 and is now increasing even more. In absolute terms, there were about 108 million diabetics worldwide in 1980 while in 2014 their number was estimated to have gone up steeply to 422 million. Diabetes occurs due to an absolute or relative lack of insulin, the hormone produced by specialized cells located in the pancreas. Lack of insulin interferes with utilization of glucose by cells and results in an elevation in blood glucose levels. The two major types of diabetes are type-1 and type-2. In type-1 diabetes the pancreas does not secrete any significant amount of insulin. People with this type of diabetes need exogenous insulin to be administered, the usual route being by injection, for them to survive. In type-2 diabetes insulin secretion is deficient rather than absent and a resistance to the action of insulin at the cellular level is often present. This is much the commoner type of diabetes. Type-2 diabetes often responds to drugs that stimulate the pancreas to produce more insulin or those that facilitate the action of whatever insulin is being produced by the pancreas. More severe cases of type-2 diabetes also require exogenous insulin which is often used along with oral anti-diabetic drugs.

highly gratifying result since all other treatments only control diabetes - they are not able to achieve a remission. Considering these results, bariatric surgery has gradually been adopted as an option in management of type-2 diabetes. It has no role to play in treatment of type-1 diabetes.

Most of the time, bariatric surgery is done in people with significant obesity and if the person has diabetes it serves as an added inducement for this type of surgery. The usually recommended cut-off level for qualifying for bariatric surgery as a means to treat diabetes is a BMI of 35 or above. BMI is the acronym for Body Mass Index and is derived by dividing the weight in Kg by the square of the height in metres ($\text{Weight} / \text{Height}^2$). BMI is the most widely adopted measure of obesity. Desirable or normal BMI is between 18.5 to 24.9. A BMI between 25 and 29.9 classifies the individual as overweight while a BMI above 30 denotes obesity. The BMI suffers from a few problems such as diagnosing overweight in excessively muscular individuals and underestimating abdominal obesity, the far more problematic type of obesity. In spite of these limitations it remains a very useful indicator of obesity and underweight in most individuals. While a diabetic with a high BMI is likely to benefit most from bariatric surgery it has been found that the surgery is also effective in achieving a diabetes remission even when there is no significant obesity. In other words the favourable effect

the stomach and the upper part of the small intestine. About 80% of diabetic patients undergoing this surgery achieve a remission of diabetes and another 15% show significant improvement in control of diabetes. Also, when nondiabetic individuals with obesity undergoing gastric bypass surgery (or other bariatric surgery) are followed up, much lesser number of them develop diabetes as compared to matched controls. Sleeve gastrectomy is another type of weight loss surgery in which part of the stomach is removed. This surgery is usually recommended for relatively less obese individuals. The surgery is also effective in inducing diabetes remission independently of weight loss. Diabetes remission is achieved in about 60% of type-2 diabetics undergoing this surgery. Adjustable gastric band involves placement of a band around the upper part of the stomach which helps in restricting food intake and thus achieving weight loss. Gastric banding is carried out in less obese individuals with the aim of achieving moderate weight loss. The results of diabetes remission are correspondingly lower at around 45%.

While bariatric surgery does achieve excellent results in obese diabetics, the negative aspects also need to be highlighted. All surgery has an inherent risk and this is also true of bariatric surgery. The operative risk is further increased in such patients because of the underlying problems of obesity and diabetes. The team carrying out the surgery will surely take all due precautions to reduce risk by carrying out required investigations and adopting rectification measures prior to and during surgery but even in the best of hands there is a small risk which can never be claimed to be negligible or irrelevant. Further, there are also potential complications associated with the various bariatric surgeries. These are commonest after the more aggressive types such as duodenal switch and gastric bypass. Direct surgical risks include perforation of stomach or intestine, leakage at suture site, infection and post-operative adhesions causing intestinal obstruction. Malabsorption of food and deficiencies of nutrients such as vitamins and minerals is quite common after duodenal switch and is also an issue with gastric bypass and other bariatric surgery but to a lesser extent. Lifelong monitoring to detect and treat such deficiencies and also supplementation with vitamin and mineral preparations is indicated. There is also a risk for development of gall stones after all bariatric surgery and many surgeons carry out removal of the gall bladder at the time of the bariatric surgery itself to circumvent this potential complication.

In spite of the potential risks of complications of bariatric surgery it remains a very viable option in properly selected diabetics. Bariatric surgery is currently recommended for obese diabetics with a BMI of 35 and above. Diabetics with BMI of between 30 and 35 may also be advised weight loss surgery if diabetes is not controllable in spite of best efforts. This recommendation is further strengthened when these patients suffer significant associated medical problems such as heart disease. In diabetics with a BMI below 30, even though this type of surgery will often achieve a remission, it is not generally advised. In any case bariatric surgery is useful only in type-2 diabetes and is not recommended for type-1 diabetes patients.

There is a favourable response in diabetes control after all types of weight loss surgery. However, best results are seen after the surgeries which result in greater weight loss

Type-1 diabetes is widely regarded as an auto-immune disease in which our own immune system attacks the insulin producing cells of the pancreas while in type-2 diabetes a number of factors including racial and genetic predisposition, obesity, lack of exercise, increasing age and stress are implicated. Central obesity in which fat collection is predominant in the abdomen has a higher risk than generalized obesity in which excess fat is deposited more or less proportionately all over the body. Much of the increase in prevalence of diabetes to pandemic levels is credited to lifestyle changes affecting diet, obesity and lack of physical exercise. Adoption of a healthier lifestyle with more fruits and vegetables in diet, avoiding simple sugars and excessive intake of all carbohydrates, reduction of weight and regular physical exercise reduce or delay the development of diabetes even in people with significant genetic risk for this disease. Unfortunately, obesity continues to be rampant and a large proportion of such individuals are not able to make much headway in achieving sustained weight loss. Bariatric surgery which is the technical term for weight loss surgery is an effective option in treating gross obesity. An incidental benefit which was first noted as long back as the 1980s was that the type-2 diabetes which many of these individuals suffered went into remission after weight loss surgery. This was a

of bariatric surgery on diabetes is not by weight loss alone. This supposition is further strengthened by the finding that diabetes remission is usually noted within a few days to weeks of the surgery, well before substantial weight loss has been achieved. How this is achieved is not too clear. One possible mechanism is bypassing a short segment of the proximal small intestine which results in altered signals affecting blood glucose control. Another theory is that delivery of nutrients to the distal small intestine because of the bypass is the source of signals resulting in favourable blood glucose control.

There is a favourable response in diabetes control after all types of weight loss surgery. However, best results are seen after the surgeries which result in greater weight loss. Duodenal switch surgery is generally carried out for the most obese individuals. About 70% of the stomach is removed and passage of food is rerouted so that a large length of the small intestine is bypassed. This results in restriction of food intake as well as interference with absorption of food. This surgery achieves very significant weight loss in most individuals and also the best results of diabetes remission in more than 90% of cases. Gastric bypass is a less radical surgery and achieves somewhat lower, although still very satisfactory, weight loss as compared to duodenal switch. After gastric bypass surgery, food bypasses most of

Dr Asheesh Mehta
Internal Medicine Specialist



SMART SHOW

RACE FOR 'SMART' HITS FEVER
PITCH AT ELECTRONICS SHOW IN
LAS VEGAS. JULIE CHARPENTRAT WRITES



A robot developed by Taiwan engineers moving chess pieces on a board against an opponent.



Armato from HumaK, a next generation smart toy for children equipped with a mechanical switch, body sensor and Ai speech engine offering a software and hardware platform. Vegas, Nevada.

Giving gadgets brains will be a hot theme at the Consumer Electronics Show set to open in Las Vegas, with device makers big and small touting hardware with "smarts."

Whether it's a doorbell or refrigerator, a TV set or a toothbrush, chances are it will be connected to digital assistants powered by artificial intelligence aiming to anticipate needs or desires.

"I think you're going to see the year of smart," said Jack Gold, a technology analyst with J. Gold Associates.

One of the largest trade shows in the world, the January 9-12 CES will attract about 170,000 visitors and 3,900 exhibitors from 150 countries and will showcase innovations in computers, gaming, robotics, vehicle technology, virtual and augmented reality and more.

Gold said gadgets will be increasingly tuned to glean insights about the people using them, with an aim of anticipating what might be desired at any given moment.

"Your device will learn about you

and will know your preferences, and it'll then try to get smarter about how to interact with you," he said.

As consumer electronics evolve, an overriding theme has become voice-assisted digital assistants being integrated into more devices, said Stephen Baker of the research firm NPD.

"I think you are going to be overwhelmed by smart homes and voice — the voice speakers yelling at you in the convention center and up and down the (Las Vegas) Strip will be overwhelming," Baker said of CES.

He said gadget makers will infuse more products and services with virtual aides such as Amazon's Alexa, Google Assistant, Apple Siri and Microsoft Cortana.

"What happened is all the appliance and device guys gave up (on making their own isolated smart home systems) and instead are building an ecosystem in which pretty much everybody's devices will talk to Google or Amazon, or eventually Siri," Baker said.

Still, says Gartner analyst Brian

Blau, large and small tech firms are locked in battle to be at the heart of smart homes and devices.

"To some degree there is still a war on for the connected home platform," Blau said.

"Communication standards are being worked out, but the other thing is whose allegiance you will commit your home to — will it be Samsung, LG, Amazon, Google?"

Carolina Milanese of the consultancy Creative Strategies said major electronics firms like Bosch, Panasonic, Sony, Samsung are looking to showcase how several devices can work together with a connected hub.

"I definitely see the speaker still be key to controlling the connected home," she said.

Bob O'Donnell, analyst and consultant with Technalysis Research, said artificial intelligence also opens the door to "computer vision" used in drones, autonomous cars and robotics which will be showcased at CES.

Major carmakers will be on hand as well as makers of tech platforms for self-driving vehicles such as Intel's

Mobileye and chipmaker Nvidia, along with a dozen exhibitors in the autonomous car "marketplace."

CES hosts the debut of a \$130,000 electric car from Fisker — a relaunched startup led by former BMW designed Henrik Fisker whose previous venture went bankrupt — and one of several challengers to rapidly expanding Tesla.

Although CES ends just days ahead of a major Detroit auto show, O'Donnell said automakers are eager to show their new technology to a wider public.

"It's a place to make a statement about technologies that will have resonance," he said.

"And the vast majority of the new innovations in cars are in fact tech things."

O'Donnell said the success of these new technologies will depend on how well machines can think the way people do.

"We are looking for ways these devices have contextual intelligence," he said.

This would enable a device or assistant to understand multipart questions and develop responses

which are adapted to the individual, O'Donnell said.

"The whole idea of understanding context is a big theme in AI, and we'll see a lot of effort to improve the empathy of devices," he said.

O'Donnell said he expects to see "an evolution of the intelligence of those devices," adding that "AI is going to improve the experience of the device even if it doesn't change what they are."

At this year's show, CES will include zones and marketplaces for sports technology, health and wellness, robotics, smart cities, product design and manufacturing and more, and conference panels on many of these topics.

Keynote speakers include Ford Motor Co. chief executive Jim Hackett, Intel's Brian Krzanich and Huawei consumer chief Richard Yu.

Conferences on tech policy will include US Transportation Secretary Elaine Chao, Federal Communications Commission chief Ajit Pai and Michigan Governor Rick Snyder.

Agence France-Presse



Unknown Letters all together

When letters are stars

Muhammad Yusuf writes on an exhibition where the artist follows the footsteps of a legendary calligrapher and reaches surprising conclusions

Maraya Art Centre, Sharjah, is collaborating with Sharjah Islamic Arts Festival (till Jan. 23) to present 'Timo Nasser: All the Letters in All the Stars' (till Feb. 23). The exhibition, curated by Laura Metzler, is the artist's first solo in the UAE. Its starting point is his take on the story of Ibn Muqla, the 10th century calligrapher who claimed to have found four missing letters in the Arabic language.

Nasser's artworks are a combination of new and older pieces, which highlight different mediums of his practice while putting them into a larger dialogue between fragmentation and order, in the pursuit of the infinite.

Arab calligrapher Ali Muhammad bin Hassan bin Muqla, also known as Ibn Muqla (885-940) believed he had found four letters that were missing from the Arabic language. Despite immense pressure and physical mutilation, he never revealed the letters: his notes on their discovery are still missing today.

Nasser drew inspiration from this story and started searching for where Ibn Muqla could have found these letters. He theorised that they were hidden in the constellations and



Timo Nasser

thus protected from the calligrapher's enemies.

The exhibition is a result of the artist's in-depth research and investigation of this theory as well as his practice of Arabic lettering in the method of Ibn Muqla and applying it to a recreated star chart from Baghdad in 934.

It includes four sculptures of the resulting forms as well as drawings and wood pieces outlining the process of production. This is the first time the four Unknown Letters are being shown together.

Besides the life and work of Ibn Muqla, Nasser is also inspired by Raphael Mirami and his study of mirrors. Mirami was a Jewish Ferrarese physician and mathematician with a special interest in mirrors, optics and poetry.

He also authored the 'Compendious Introduction to the First Part of the Study of Mirrors' where he wrote: "I say that, for some, mirrors constitute a hieroglyph of truth in that they uncover everything that is presented to them... Others, on the contrary, hold mirrors for a symbol of falsity because they so often show things other than they are". These lines are quoted by Nasser in one of his works.

Another Muse is Hafiz, whom Nasser is happy to echo ('All the Hemispheres'):

"Leave the familiar for a while.
Let your senses and bodies stretch out
Like a welcomed season
Onto the meadows and shores and hills.

Open up to the Roof.
Make a new water-mark on your excitement
And love.

Like a blooming night flower,
Bestow your vital fragrance of happiness
And giving

Upon our intimate assembly.
Change rooms in your mind for a day.

All the hemispheres in existence
Lie beside an equator
In your heart.

Greet Yourself
In your thousand other forms
As you mount the hidden tide and travel
Back home.

All the hemispheres in heaven
Are sitting around a fire
Chatting
While stitching themselves together
Into the Great Circle inside of You".

Nasser's wide study and broad reach of interests is evident in the Masters he brings home. He was born in Berlin in 1972 to a German mother and Iranian father. He began his artistic career as a photographer before making the transition to sculpture in 2004.

After travelling to Iran with his father, he started exploring the relationship of geometry and Islamic architecture. Combining Islamic and Western cultural heritages, his work is inspired as much by specific memories and religious references as by universal archetypes described by mathematics and language, and the inner truths of form and rhythm.

Amna Alwan, member of the committee team, Department of Culture, Sharjah Islamic Arts Festival, said that the festival was all about the public. "There is nothing private about it!" she said.

She said that the works of 42 artists had been chosen around the theme of 'Impact'. The artwork had to be inspired by Islamic arts. Participating in the festival are Sharjah Art Museum, the Qasba zone and the Al Majaz waterfront. The fest is a no profit venture and aims to enhance culture.

The museum hosts the main show as most of the artists are presenting their works there. The event is reinforced by over 150 workshops. "Many nationalities are taking part", Alwan said. "Perhaps we mostly think of Islamic art in classical terms. Our aim is to promote a different perspective". She said

that each culture had its own way of expressing itself. She noted that each year, the theme of the festival itself is changed.

The exhibition marks the beginning of the collaboration between Maraya Art Centre and Sharjah Islamic Arts Festival. The 20th Edition of Sharjah Islamic Arts Festival commenced on December 13, 2017.

Ibn Muqla was born in Baghdad and was one of the foremost calligraphers of the Abbāsid Age (750–1258). He is the reputed inventor of the first cursive style of Arabic lettering, the naskhi script. It replaced the angular Kūfīc as the standard of Islamic calligraphy.

In the naskhī script, Ibn Muqla introduced the rounded forms and curved lines that in later styles were refined to give Arabic writing the flowing beauty for which it is renowned. Among the other scripts invented by him were the tawqī and the more elegant thuluth.

In addition to his calligraphic work, Ibn Muqla led a chequered political life. He was appointed vizier three times, and lost office thrice for being involved in political intrigue.

He was also imprisoned three times. During one imprisonment, his enemies cut off his right hand. When released, he continued to work with great skill, using his left hand. Finally, his left hand was severed, his tongue cut out, and he was cast into prison for life a third time. He died in prison.

WRITTEN IN THE STARS: A DRAMATISATION BY THE ARTIST

Baghdad, Sunday, the
285th day of the year 934.
The night of October 12.

It was one day after the new moon. Nothing obstructed the view of Ibn Muqla. He could make out 3,000 stars with the naked eye. The view he would never see in the same way again and whose plan he now understood.

Four were missing. Without them the script was not perfect. Language and script were not in harmony. Form and content were not in balance... He had to complete the alphabet, in which all the tones on earth could resonate. It would be perfect...

The Batin, the deeper meaning, was not in the word in its form on paper. There, on paper, its character must transform into a harmony for the eyes.

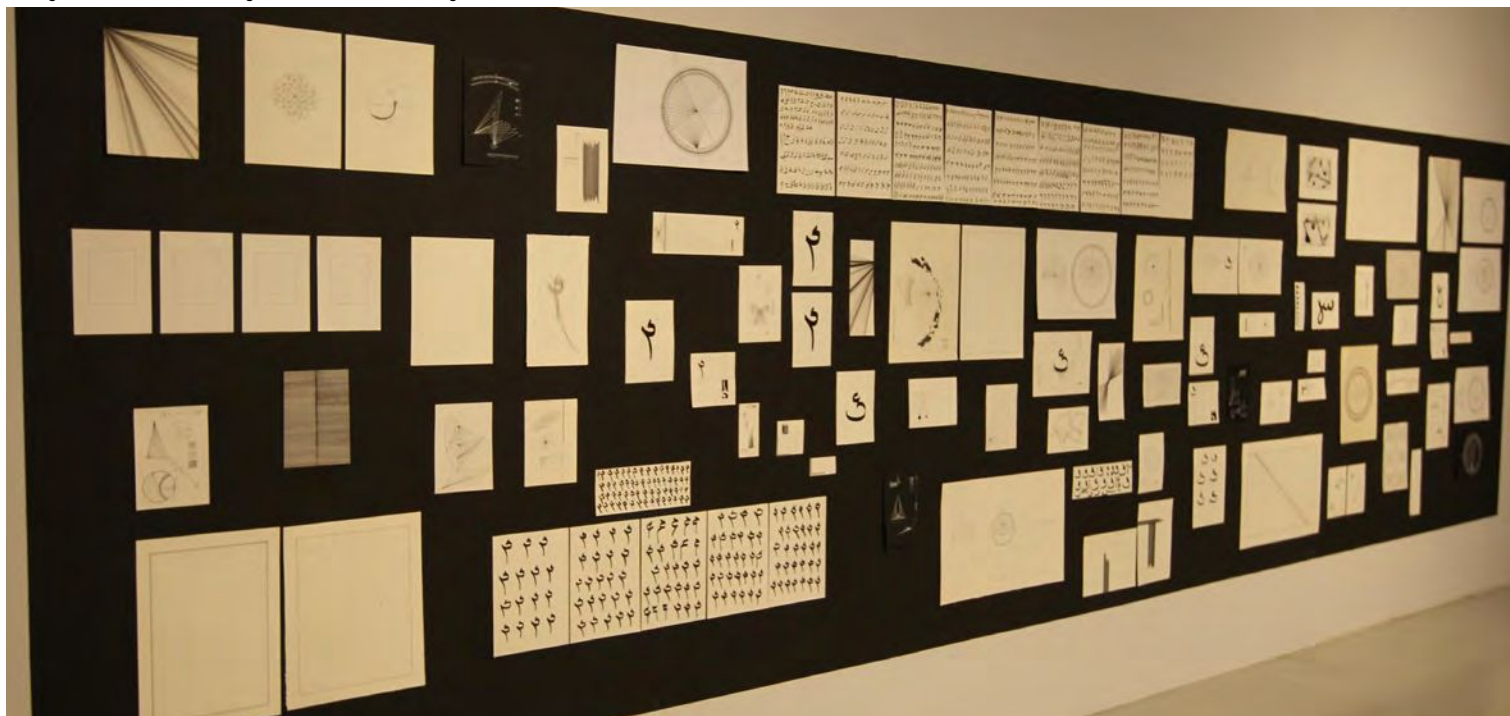
To find, define and record the missing letters must be possible... And so on this night he looked up to the heavens, as if certain stars stood out, creating lines and curves between them, forming letters in the sky for him.

There were fifteen, a whole new alphabet, graceful, perfect, complete. They had always been in the sky. No one had the power to erase them and, at the same time, the sky was the perfect hiding place for them.

There he could keep them safe. He could protect them from his enemies. They wanted to control the words, so that people would see only the Zahir, the superficial meaning.



Distinguished visitors at the inaugural with Laura Metzler (right)



Artwork covers the wall



Detail of an exhibit



Quick n easy

**Boiling an egg shouldn't be so hard,
therefore, Noelle Carter shares a recipe to make it simple**



There are countless methods for making hard-boiled eggs, and as many opinions regarding which is the right one. The whole exercise can be frustrating, particularly for those of us who boil eggs only once or twice a year. Do I start the eggs in cold or hot water? How long do I boil them for? Should I shock them in ice water? And if so, when? And what about steaming eggs, or cooking them in the oven?

I have a method I settled on years ago, when I worked with a high-end restaurant group in Los Angeles and had to boil dozens of eggs every week. The method is simple, and forgiving. Place the eggs in a pot just

large enough to hold them in a single layer. Add enough cool water to cover the eggs by one inch. Bring the water to a boil and cook the eggs for three minutes. Then remove the pot from the heat and leave the eggs in the hot water to finish cooking. Depending on how you like your eggs, you might leave them in the water anywhere from five to 15 minutes before cooling them in ice water.

If you wait as little as five minutes before cooling, the yolks will be soft with a rich golden colour and the whites will be firm but silky. Let the eggs sit in the water longer, and the yolk will continue to firm up, lightening in colour.

I like to leave the eggs in the hot water for 15 minutes, which is long enough to fully cook the yolk without leaving it chalky. Then I place the eggs in a bowl of ice water until they're cool enough to peel. That's it.

Don't worry about overcooking the eggs. Because the water is slowly cooling over time, you're unlikely to find any of that dreaded grayish-green color in the yolk. I've even left the eggs in the water for a half-hour before cooling and haven't had any problems.

And I haven't had to worry about exploding eggs either. Because the eggs start in cold water, they're less likely to crack as they boil. The trapped air has

time to slowly bubble out of the porous shell while the water heats up, whereas when eggs are added to boiling water, the air needs to escape quickly, and often cracks the shell.

HARD-BOILED EGGS

ABOUT 30 MINUTES.
MAKES 1 DOZEN HARD-BOILED EGGS

1 DOZEN EGGS

1. Place the eggs in a pot large enough to hold them in a single layer. Fill the pot with enough water to cover the eggs by 1 inch.
2. Over high heat, bring the water to a rolling boil, about 10 minutes.

3. Cook the eggs for 3 minutes. Immediately remove from heat and set the eggs aside, leaving them in the hot water for 15 minutes. Remove the eggs and place them in a bowl of ice water until cool enough to peel. (If not using immediately, drain the ice water, dry the eggs and refrigerate them until ready to use.)
4. To peel the eggs, crack the shell evenly on all sides. Begin peeling at the wide end of the eggs (where there should be an air pocket), to make peeling easier. If the shell sticks to the eggs, peel the eggs under cool water.

Tribune News Service

BAG OF 10 GENERAL



QUIZ MASTER
STANLEY DAVID
IS THE AUTHOR OF THE PENGUIN INDIA QUIZ BOOK

A new statue is to be erected in Westminster's Parliament Square, and for the first time it honours a woman. Who is being honoured thus?

- 1** Which cricketing innovation was used for the first time in Britain during a game between Glamorgan and Warwickshire at Cardiff on April 27 1997? It is attributed to two men named Frank and Tony.
- 2** Which British actor, now one of the highest-paid film stars in the world, competed for England in the diving competition at the 1990 Commonwealth Games?
- 3** Imagine winning both these coveted awards: an Oscar and a Nobel - well, these two people have achieved that rare honour. One won the Nobel Prize for Literature in 2016 and the Oscar for Best Song in 2000. The other won the Nobel Prize for Literature in 1925 and the Oscar for Best Screenplay in 1938.
- 4** Who won the Grammy in 2017 for 25, yet she spent the rest of her acceptance speech thanking Beyonce, stating "But I can't possibly accept this award. ... But my artist of my life is Beyoncé. And this album to me, the "Lemonade" album, is just so monumental. Beyoncé, it's so monumental. And all us artists here adore you. You are our light."
- 5** The President Is Missing is an upcoming novel penned by James Patterson and which former US President?
- 6** A new statue is to be erected in Westminster's Parliament Square, and for the first time it honours a woman. Who is being honoured thus?
- 7** Recently, a 709 carat rough diamond, named the "peace diamond", was sold at auction in New York for \$6.5m (£4.9m). The money is to go towards benefiting the people of which African country?
- 8** About which 10,000 metres track athlete was sporting commentator Brendan Foster speaking of when he said: "He was tested in the middle, he was hurting in the middle. But he had what he had before. We've seen a piece of history."
- 9** Who played the role of the first female Dr Who (the 13th) in the popular TV series ?
- 10** Which fast-food chain is planning to offer a series of vegan burgers across Europe?

ANSWERS

1. DUCKWORTH LEWIS METHOD, A MATHEMATICAL FORMULATION DESIGNED TO CALCULATE THE TARGET SCORE FOR THE TEAM BATTING SECOND IN A LIMITED OVERS CRICKET MATCH INTERRUPTED BY WEATHER OR OTHER CIRCUMSTANCES
2. JASON STATHAM
3. BOB DYLAN AND GEORGE BERNARD SHAW
4. ADELE.
5. BILL CLINTON. IT WILL BE HIS FIRST NOVEL.
6. DAME MILLICENT FAWCETT. SHE WAS AN EQUAL RIGHTS CAMPAIGNER DEDICATED HER LIFE TO GETTING THE WOMEN'S VOTE, AND SET UP THE NATIONAL UNION OF

7. SIERRA LEONE. SEE, A DIAMOND CAN DO A LOT OF GOOD, FOREVER
8. MO FARAH, AS HE RAN TO VICTORY IN HIS LAST 10,000M TRACK EVENT AT THE WORLD CHAMPIONSHIPS IN LONDON. FARAH'S 10TH CONSECUTIVE GLOBAL TRACK DISTANCE TITLE. AT 34, WAS HAILED AS HIS BEST EVER
9. JODIE WHITTAKER
10. MCDONALD'S. IN FINLAND, IT CONSISTS OF A SOY PATTY, BUN, TOMATO, LETTUCE, PICKLES, ONION, KETCHUP, MUSTARD, OIL AND AN EGG-LESS SANDWICH SAUCE

JASON STATHAM





ROLE MODEL

Supermodel Adriana Lima talks with Long Island kids

We met international supermodel Adriana Lima at the Gramercy Park Hotel in Manhattan. She is also the host of "American Beauty Star" on A&E television network.

TELL US WHY YOU DECIDED TO BECOME A PRODUCER OF THIS NEW SHOW.

When I got the call to be part of the show, I never thought that it would be possible for me to host the show. And when I got an offer from the producer of the show, I feel very lucky because I get a part to create some ideas behind the challenges. So I'm learning as we go because this is the first time I host a TV show and we have different challenges that I hope you guys enjoy.

Has anyone ever tried to come up on the runway while you were walking?
Not yet. Not yet, and I hope it will stay that way. It would be very scary.

WHERE DID YOU GET YOUR INSPIRATION FOR YOUR NEW SHOW?

My inspiration for my new show is my children. They actually inspire me in everything I do, in my everyday work. I want to make them proud when they see me or when I come home or in the future. So everything I do is thinking of them.

HAIR AND MAKEUP ARE A MULTIBILLION-DOLLAR INDUSTRY. WHAT WILL THE VIEWERS LEARN FROM YOUR SHOW?

There are many things. You're going to learn, you're going to see what goes behind the creation, the process. It's not only a picture when you do. You know how they get inspired. And hair and makeup artists, where they come from. Why they decided to follow hair or be a hair stylist, for example. ... How do they (the models) feel about how they've been treated? How they feel about how they look. You know, it's not only about hair. It's about how you feel and what is behind it.

WHAT DO YOU THINK IS THE NEXT FASHION FOR GIRLS?

The next fashion for girls, you know, I believe that every girl should create their own fashion, whatever it is. If you want to wear pink lipstick to a formal, wear a sock in different colour, just do it — like, you make the trends. You don't follow. So whatever you want to do, you just make your own statement.

HOW DO YOU PICK YOUR LOOK?

My look for the runway? It depends. ... Fashion shows, usually we don't get a chance to pick our looks. But sometimes if you feel a little uncomfortable, you can change certain things. But when you do red carpet appearances — which could be, for example, the Golden Globes or Emmys or something like that — you can pick what you wear. And it depends, I like to watch movies sometimes and get inspired by movies. And I want to feel comfortable, too. Sometimes my kids pick for me, too. And yes, OK, I like it. And they have good taste. I like it usually. They love high heels. I would go in the flat shoes.

WHAT ADVICE WOULD YOU GIVE THIS GENERATION OF FEMALES WITH RESPECT TO WEARING MAKEUP AND HAVING THEIR HAIR DONE? DOES THIS MAKE A WOMAN MORE APPEALING?

I think it's about how you feel. If you feel comfortable not wearing makeup, great. If you want to wear a lip balm, wear a lip balm. Red lipstick, which is my thing, wear it. It's about how you feel, really, and what you like. It's not about following what people are telling you to do.

WOULD YOU ENCOURAGE YOUR DAUGHTERS TO ENTER BEAUTY PAGEANTS?

I think I can see whatever makes them happy, I would be supportive of them. I see my oldest daughter, I think she will definitely become a model. Whatever is happiness for them, I will be right there. As long as they finish school.

WHAT IS YOUR BIGGEST FEAR WHILE WALKING ON THE RUNWAY?

You know, sometimes the floor is very slippery and sometimes you put sand on the floor on the runway. And we're walking with shoes like this, so it's not easy. Sometimes we have dresses and it will be kind of embarrassing if you fall down. So that's the biggest fear, falling down on the runway — it's so silly.

YOU ARE CONSIDERED ONE OF THE MOST BEAUTIFUL WOMEN IN THE WORLD. DESCRIBE TO US WHAT MAKES A WOMAN BEAUTIFUL.

I think what makes a woman beautiful is them being themselves, embracing who they are. Whatever it is, if your personality — if you're nervous, if you're shy, you just embrace that. And there is no such thing as perfect in life. Imperfections are also beautiful, and you just accept yourself in the way you are. That's the beauty.

Christina Cooke, Janine Saraceno, Maggie Mcdermott and Kaitlin Wing/
Tribune News Service



GAME TIPS: 'DESTINY 2: THE INVERTED SPIRE NIGHTFALL' GUIDE

USEFUL POINTS



The Nightfall Strikes are brutally hard in "Destiny 2," especially if you're just starting or even attempting the incredibly challenging Prestige Nightfall. Due to the new time constraints, saving seconds, and even minutes where possible, is absolutely necessary. You'll be pleased to know there are a few ways you can save a lot of time in "The Inverted Spire Nightfall Strike."

Before you even boot up "The Inverted Spire Strike" (when it's the Nightfall), you must ensure your team composition is as robust as possible, with every damage type accounted for (especially when the Prism modifier is active) and that every modifier is taken into consideration. At this point, pick your strongest player to be the team leader and the person calling the shots, they'll be the ones moving ahead and doing some of the heavy lifting.

Boot up the Nightfall, and the first thing you (the heroic leader) will want to do is get on your Sparrow and instead of heading left toward the group of enemies and Conflux, head right toward the radiolarian lake. You'll want to aim for the bricks hanging over the edge that are just past where the jumping puzzle spawns. Jump down onto the platform to find the Vex gates already active — jump on through! Your goal is to get down to the cavern while the two other players work their way forward.

Meanwhile, the two remaining players will need to kill the enemies, activate the Conflux, and fight their way to the cavern. As soon as the Conflux is scanned, the Vex barrier blocking you from the cavern will disappear.

The advantage of this split is that instead of three players pushing

through one battle at a time, there are two teams pushing through two battles at once. However, there is obviously a lot of pressure on the leader to clear out as much of the cavern as possible, if they can get the entire cave cleared before the other two arrive, even better!

Depending on the other modifiers, you'll either run onwards or stop to jump through the Vex gates. When you reach the open field, there's really no exploit here, simply group up and take down the Cabal Majors who are hiding in the bunkers, at which point you'll be able to progress to the drill.

The drill section is where you can avoid a lot of unnecessary fighting. Instead of all players jumping to activate the jump gates, send one player down. Once the lever has been pulled and the percentage meter begins ticking up, the player who jumped down can die, wait the 30 seconds, and respawn themselves. This allows all three players to safely sit up the top while they wait for the jump gate to be in place.

After passing through the jump gate, get your Sparrow out and zoom past everything, and even use it to jump down to the other side, being careful not to explode on landing. To avoid dying on landing, try to roll your Sparrow and dash away from the ground.

If it's not the Vex gate modifier, you can use your Sparrow to soar past everything with minimum fuss. Just make sure to stick to the middle path, the one that doesn't have a massive swinging blade. Enter the boss room and prepare to fight.

Sam Chandler/Tribune News Service

115 new species discovered

BY MEENA S. JANARDHAN



A crocodile lizard that has been turned into a cartoon character, a snail-eating turtle discovered in a Thai food market and a horseshoe bat that would not look out of place in a Star Wars movie are just three of the 115 new species discovered by scientists in the Greater Mekong region in 2016, according to a new report released by the World Wide Fund for Nature (WWF). The report, 'Stranger Species', documents the work of hundreds of scientists from universities, conservation organizations and research institutes around the world who discovered 11 amphibians, two fish, 11 reptiles, 88 plants and three mammals in Cambodia, Laos, Myanmar, Thailand and Vietnam.

The discoveries also include a beautifully coloured frog found in the limestone karst mountains of Vietnam, two mole species found by a team of Vietnamese and Russian scientists, and a loach (fish species) from Cambodia with a long body and bold stripes. This brings the total new species of plants, birds, mammals, reptiles, fish and amphibians discovered in the region between 1997 and 2016 to 2,524.

Scientists typically wait to reveal new finds until an animal or plant is officially described as a new species – a time-consuming process – hence the lag between the initial discovery and announcement for some species spotlighted in the report.

The report 'Stranger Species' is the ninth in a series of reports highlighting new species discoveries in the Greater Mekong region.

HIGHLIGHTS

- A mountain horseshoe bat, *Rhinolophus monticolus*, found in the evergreen forests of mountainous Laos and Thailand that took 10 years to determine as a new species by Dr. Pipat Soisook. Its distinctive horseshoe-shaped facial structure – known as a noseleaf – has led some to liken it to a character from the cantina scene in Star Wars.
- The Vietnamese crocodile lizard, *Shinisaurus crocodilurus vietnamensis*, is a medium-sized lizard that lives in remote freshwater and evergreen forest habitats of South China and Northern Vietnam. It is so heavily threatened by habitat destruction, coal mining and collection for the pet trade that as few as 200 individuals could remain in Vietnam. The lizard, discovered by a research team headed by Professor Dr. Thomas Ziegler has been immortalized in a comic strip featuring "Shini," who helps explain to school children the importance of protecting lizards.
- The snail eating turtle, *Malayemys isan*, was not discovered in a river or forest, but a local market in Northeast Thailand. Dr. Montri Sumontha noticed the turtle in two different markets and suspected it was a new species. He asked the shopkeepers, who said they caught them in a nearby canal, so he purchased them to check. He notes that the turtle is threatened by infrastructure such as dikes and dams and urges protection under Thai law.
- Two moles discovered in

Vietnam have given insights into the history and formation of Indochinese mammals since they were found in a network of streams and rivers in Northern Vietnam. As one of the discoverers of the species, Dr. Alexei Abramov, remarked, one of the ways moles managed to maintain stable populations and escape poachers is because they live underground inside protected areas.

- A vibrantly colored frog, *Odorrana mutschmanni*, is one of five new species discovered in the same karst forest in Northern Vietnam by a research team led by Dr. Truong Nguyen. These species are threatened by quarrying for cement and road construction and their karst forest home desperately needs new protection.
- A loach (fish species) from Cambodia with striking black and brown stripes on its elongated body.
- A frog and four plants from Myanmar – which is opening up to scientific exploration and could harbour hundreds of undiscovered species.

CRITICAL TIME

These new species discoveries come at a critical time. The Greater Mekong region is under intense development pressure from mines to roads to dams, threatening the survival of the natural landscapes that make it so unique. Poaching for bushmeat or the multi-billion dollar illegal wildlife trade puts additional pressure on the region's wildlife, meaning many species could be lost before they are even discovered.

The illegal wildlife trade is decimating wildlife populations across the Greater Mekong, especially in the Golden Triangle, where Laos, Thailand and Myanmar meet. This criminal trade threatens wildlife across Asia and into Africa. A major driver of the trade is tourists from China and Vietnam traveling to areas such as Mong La and Tachilek in Myanmar, and border areas such as Boten and the Golden Triangle Special Economic Zone in Laos.

The region The Greater Mekong sub-region, or just Greater Mekong, is an international region of the Mekong River basin in Southeast Asia. The region is home to more than 300 million people and was designated with the launch of a development program in 1992 by the Asian Development Bank, which brought together the six states of Cambodia, China (specifically Yunnan Province and Guangxi Zhuang Autonomous Region), Laos, Myanmar, Thailand, and Vietnam.

Greater Mekong holds irreplaceable natural and cultural riches and is considered one of the world's most significant biodiversity hotspot. The region is a very important food provider and the site of many large-scale construction projects with social and economic implications.

The region is home to some of the planet's most endangered wild species, including the tiger, saola, Asian elephant, Mekong dolphin and Mekong giant catfish. A total 2,409 new species of plants, birds, mammals, fish, amphibians and reptiles have been discovered in the Greater Mekong since 1997.



HOT RAP SONGS

- ROCKSTAR
POST MALONE FEATURING 21 SAVAGE
- NO LIMIT
G-EAZY FEATURING ASAP ROCKY & CARDI B
- GUCCI GANG
LIL PUMP
- MOTORSPORT
MIGOS, NICKI MINAJ & CARDI B
- BODAK YELLOW (MONEY MOVES)
CARDI B
- LOVE.
KENDRICK LAMAR FEATURING ZACARI

BARTIER CARDI
CARDI B FEATURING 21 SAVAGE

GUMMO
6IX9INE

I FALL APART
POST MALONE

LET YOU DOWN
NF

HOT DANCE CLUB/ PLAY SONGS

X WITH U
TOM BUDIN & LUCIANA

THINK (ABOUT IT)
BARBARA TUCKER

AIN'T NO MOUNTAIN HIGH ENOUGH 2017
DIANA ROSS

STARS
KRISTINE W

LOVE LINE
LEANN RIMES

TOO MUCH TO ASK
NIAL HAN

COPING
TONI BRAXTON

SHINE YOUR LOVE
SCOTTY BOY & LIZZIE CURIOUS

WOMAN
KESHA FEATURING THE DAP-KINGS HORNS

COMPLICATED
DIMITRI VEGAS & LIKE MIKE VS. DAVID GUETTA FEATURING KIARA

HELLO YOUNG ARTISTS

Take out your crayons, colour pencils or paint boxes and start drawing and colouring. Your original drawings and illustrations are always welcome. A4 paper size is ideal. Please send in your drawings and paintings, along with your photograph. We will select the best ones and publish them! The address is: Young World, The Gulf Today, Post Box 30, Sharjah e-mail: gulftoday30@gmail.com

WUZZLES®

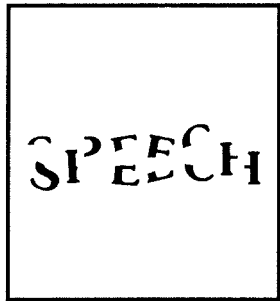
WORD PUZZLES BY **WOOD TOM**

Each Wuzzle is a word riddle which creates a disguised word, phrase, name, place, saying, etc. For example, NOON GOOD = GOOD AFTERNOON

3 WUZZLES BOOKLETS

"The Best of Wuzzles" (\$4.00), "More of the Best of Wuzzles" (\$4.50), and "Wuzzles for Kids" (\$4.25) are available, postpaid, from Wuzzles, Box 1141, Cedar Rapids, IA 52406

1.



Print Your Answers Here:

1.

2.

Today's Answers:

2. Honesty written on her face
1. Parts of speech

8-10

Created by Tom Underwood
www.wuzzleking.com

© North America Syndicate, 2017

WUZZLES®

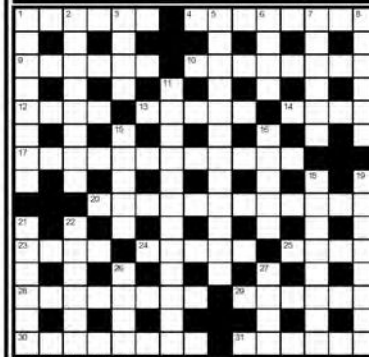
Answers

1. Parts of speech
2. Honesty written on her face

8-10

CROSSWORD

Ahamed Mohideen.K.A ADMA Abu Dhabi



Down

- 1 Woman's headscarf folded into a triangle and tied under the chin (8)
- 2 Milled product of wheat used in pasta (8)
- 3 Small image displayed on the screen to represent an object (4)
- 5 Scale used measuring intensity of earthquake (7,5)
- 6 American who lives in New England (4)
- 7 Pendant spear of ice formed by the freezing of dripping water (6)
- 8 Hero of Shakespeare's tragedy (6)
- 11 Yellow powder, used in textiles and plastics. (8,4)
- 15 Precious stone (5)
- 16 Rise in temperature of the body (5)
- 18 Plants widely cultivated for showy yellow or orange flowers (8)
- 19 A state in south central United States (8)
- 21 The remains of a plant or animal that existed in a past geological age (6)
- 22 Celestial body that revolve around the sun in the solar system (6)
- 26 Sharp blow (4)
- 27 Freshwater lake between western Rwanda and eastern Zairo (4)

Across

- 1 Boot reaching halfway up to the knee (6)
- 4 Freshwater crustaceans resembling a lobster of small size (8)
- 9 Woody tropical grass used in construction and crafts (6)
- 10 Silvery-white metallic element found in minerals (8)
- 12 Fabric made from the fine threads produced by insect larvae (4)
- 13 Sister of one's father or mother (5)
- 14 Cement consisting of a sticky substance used as an adhesive (4)
- 17 Preschool for children (12)
- 20 Currency of Germany (8,4)
- 23 The elapsed time takes for light to travel between the earth and a celestial object (4)
- 24 An indicator having a graduated sequence of marks (5)
- 25 Capital of Peru (4)
- 28 Two slices of bread with a filling between them (8)
- 29 Loose, wide-sleeved garment in Japan (6)
- 30 Imaginary line around the Earth parallel to the equator (8)
- 31 Vast treeless plain in the arctic regions between the ice cap and the tree line (6)

Last week's solutions



CROSSWORD NO. 786

CENTRE OF ATTRACTION



People look at koi carp in a tank during a 'nishikigo' (coloured carp) contest' in Tokyo.
Agence France-Press

WORD SLEUTH • ISMS

G X M U S Q M S I T O P E N N
L J G S E S S C Z X V T R P N
L J H E I C I A A U T I S M M
Y W V T T N O F R M M P M S S
N L O H U M A N I S M S I I I
K G I G E S D G I I I Y C R C
E B Z X C W U U R L N S R U I
P M S I C A R O A O M L J O N
I G S E D T B U R B A Y X T Y
W M U T L S D C Q M S I B U C
P O N A M S I O R E H L K J H

Altruism	Cynicism	Embolism	Organism
Autism	Daoism	Fascism	Racism
Cronyism	Dualism	Heroism	Tourism
Cubism	Egotism	Humanism	

©2017 King Features, Inc.

8/14



Web power

The 2017 Fiat 124 Spider brings classic roadster styling in a modern package. Charles Fleming writes about the change



When Fiat Chrysler and Mazda announced in 2012 a joint venture to build a sports car that would in time become Mazda's new Miata and Fiat's new 124 Spider, cynics dismissed the effort as nothing but a sneaky way to build one car and pretend it was two.

And when the two resulting vehicles were unveiled last year, auto journalists jokingly called them both "Fiata." This was one car, with two nameplates, they said, built with the same drivetrain, on the same platform, in the same factory, with only slightly different styling.

Mea culpa! Mea maxima culpa! I was among them, and I was wrong. The Fiat 124 Spider and the Mazda MX-5 Miata are both great sports cars, and neither one is a Fiata.

Fiat was hoping, with the reintroduction of the Spider, to recapture past glory. The version the Italian company sold in the 1960s and '70s, a low-slung, two-seat

convertible, is still the bestselling Fiat ever in the US market.

But two-seat ragtops don't sell very well, and aren't economically feasible for most big car companies, unless they can find a way to build them in large-enough numbers — by finding a partner, for instance, that also wants to recapture some past glory. Like Mazda, which was eager to relaunch its bestselling sports car, the Miata.

"Let's face it — these are not the most popular cars in the world," said Bob Broderdorf, director of Fiat Brand North America. "The volume is not there."

The two cars share a basic platform. They share some interior elements. They are both built on Mazda assembly lines in Japan. But the experience of driving them is quite different, and the experience of driving the Fiat is fantastic.

The most obvious difference between the two vehicles is the styling. The Fiat is longer, with broader shoulders and bigger, bolder headlamps.

But the most essential difference is under the hood. The Mazda is powered by a 2.0-litre, four-cylinder engine that makes 155 horsepower and 148 pound-feet of torque. The Fiat uses a 1.4-litre MultiAir four-cylinder turbocharged engine, designed and manufactured in Italy, which while smaller produces 160 horsepower and 184 pound-feet of torque. It is said to go from zero to 60 mph in 6.7 seconds.

Run through a manual six-speed gearbox similar to the Miata's, the Fiat engine is peppy, powerful and responsive. It makes a cheerful, throaty roar when pushed hard, and delivers impressive performance throughout all six gears. It's not a massive powerplant, but it makes this light sports car feel fast.

The clutching is soft but sturdy, and the shifting has a tight, tidy feel. (A six-speed automatic transmission is also available. But, why?)

Like its Mazda counterpart, the overall Spider driving experience

is very engaged. Meant to be an homage to the great two-seaters of previous decades, the new version is in many ways an old-fashioned, analog vehicle.

The convertible top goes up and down manually, with no motor to assist, but like the Miata top, and unlike the Fiat's brother Alfa Romeo 4C Spider, it requires only one person, two hands and minimal effort.

There's a cup holder, but it's placed so badly, behind the driver's elbow, as to be more or less useless. (The Miata has the same inconvenient cup cubby.) There is no glove box, in the traditional sense. The seats adjust manually. The entertainment, climate control and navigation systems are minimal. I was almost surprised to find power windows.

In other words, this is a precise, purposeful, driver's car — a car you are meant to drive attentively, alert and attached to the road.

That's even more true with the top down. The sound of the

engine improves, and the sense of engagement increases. A small screen behind the seats cuts the breeze flowing into the driver compartment, but driving with the top down is still a nicely windy experience.

The cabin space felt ample, with lots of legroom and, with the top up, sufficient headroom. But the seats are set quite low and may make shorter drivers wish for a taller perch or a pillow.

Trunk space? There's more than in the Miata, Fiat says, and room for a full-size piece of carry-on luggage, but you won't be throwing a golf bag in there.

And, being a convertible, it's not a quiet car. Fiat added sound-deadening elements to the car — an acoustic windshield and additional components inside the convertible roof but engine noise, tire noise and wind noise, even with the top up, tend to accentuate the engaged drive experience.

Tribune News Service

talkings
point



TOTAL MAKEOVER

Actress Emma Watson showed off choppy fringe and new darker hairdo at a red carpet event.

The "Harry Potter" star debuted the new hairstyle at the star-studded BAFTA tea party held at the Four Seasons Hotel in Beverly Hills on Saturday, reports mirror.co.uk.

The 27-year-old had ditched her usual mousy brown colour in favour of a rich and darker brown hairdo and was also sporting a short and choppy fringe.

She donned a chic outfit made up of sharp white blazer and black trousers. She finished off the look with a small black handbag and comfortable black flats.

It's the first time Watson has undergone such a dramatic hair transformation. She last sported a different hairdo — a pixie cut, in 2010.

HOLLYWOOD & BOLLYWOOD at CINEMAS in U.A.E. & G.C.C.

FROM THE DIRECTOR OF *NON-STOP* AND *THE SHALLOW*

LIAM NEESON
THE COMMUTER
HIS LIFE IS ON THE LINE

NOW SHOWING

"12 Magnificent!"

EXPERIENCE IT IN IMAX

12 STRONG
THE DECLASSIFIED TRUE STORY OF THE HORSE SOLDIERS

CHRIS HEMSWORTH MICHAEL SHANAHAN MICHAEL PENA TREATY RHODES

JANUARY 18

NEVER GIVE UP. NEVER GIVE IN.

GARY OLDMAN IS WINSTON CHURCHILL

DARKEST HOUR
FROM JOE WRIGHT DIRECTOR OF ATONEMENT

JANUARY 11

studio green

K.E. கௌரவ வெளியீடு

TSR FILMS
T-Series RELEASE

THAANANA SERNDHA KOOTAM

கௌரவ வெளியீடு

NOW SHOWING

FROM THE WRITER AND DIRECTOR OF *THE HURT LOCKER* & *ZERO DARK THIRTY*

DETROIT

BASED ON THE TRUE STORY OF ONE OF THE MOST TERRIFYING SECRETS IN AMERICAN HISTORY

NOW SHOWING

DIWANJI MOOLA

விவானஜிமூல GRAND PRIX

STORY & DIRECTION ANIL RADHAKRISHNAN MENON

JANUARY 18

AGNYATHA VASI

Price in Exile

NOW SHOWING

సంక్రాంతి కె సందడి

Jai Simha

NOW SHOWING

KALAIPELLI S. THANU presents V CREATIONS

Sketch

NOW SHOWING